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Journal Information

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Classification History

Year	A+	A	B	C
2026			✓	
2025				
2024				
2023				
2021/2022				
2020				
2019				
2018				

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The causal impact of exercise motivation, social support, and self-confidence on tennis skill acquisition: an experimental study of indonesian university students
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Authors: Rivel Oktanansa, Wawan Sundawan Suherman, Hardiansyah Hardiansyah
DOI: 10.58962/hstpt.289

Comprehensive use of fitness technologies to develop the physical abilities of young basketball players
2025-12-29 Vol. 6 Issue 1 Pages 19-28
Authors: Iryna Sobko, Oleksander Yefimenko, Iryna Podmaryova
DOI: 10.58962/hstrpt.267