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Journal Information

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Classification History

Year	A+	A	B	C
2026			✓	
2025			✓	
2024			✓	
2023				
2021/2022				
2020				
2019				
2018				

Classification: The table above shows all journal classifications recorded for each classification year in the Green Journals database. A journal may have more than one classification in the same year.

Recent Articles

Lactylation: A Potential Mechanism Linking Exercise Regimens to Macrophage Polarization and Cardiac Repair after Myocardial Infarction – A Narrative Review
2026-10-22
Authors: Mianli Wang, Jiecheng Huang, Yongshun Wang et al.
DOI: 10.4103/hm.hm-d-25-00157

From Heart to Whole: An Integrative Vision for Modern Cardiovascular Care
2026-10-21
Authors: Carl J. Lavie, Doris Yang, Icey Zhang et al.
DOI: 10.4103/hm.hm-d-26-00185

Association between Cardiac Adiposity and Memory-Related Cognitive Performance: A Systematic Review and Meta-Analysis
2026-10-20
Authors: Mahmud AR Shukri, Hussein Nafakhi, Alaa Salah Jumaah et al.
DOI: 10.4103/hm.hm-d-26-00097

From P4 to Integrated Intelligence: A Holistic Pathway for Cardiovascular Care
2026-10-20
Authors: Jürgen Beckmann, Denise Beckmann-Waldenmayer
DOI: 10.4103/hm.hm-d-26-00131

Reflexive Neuromuscular Stabilization in Football: A Conceptual Framework for Performance and Injury Prevention
2026-10-20
Authors: Muhammad Shahidul Islam, Jannatul Ferdous, Anup De
DOI: 10.4103/hm.hm-d-26-00115

Association of Changes in Sleep Patterns with Cardiometabolic Disease and All-Cause Mortality: A Prospective Cohort Study Among Chinese Adults	2026-10-20 Authors: Yulong Xue, Jian Li, Jing Bai et al. DOI: 10.4103/hm.hm-d-26-00085
Evolution of Cardiology: A Personal Experience	2026-8-20 Authors: Richard Sutton DOI: 10.4103/hm.hm-d-26-00121
Advancing Integrated Psychosomatic Care in Heart and Mind	2026-7 Vol. 10 Issue 4 Pages 205-206 Authors: Jian’an Wang, Icey Zhang, Doris Yang et al. DOI: 10.4103/hm.hm-d-26-00137
Beyond the Stressor: Vulnerability and Difficulties in Stress Regulation in Takotsubo Syndrome: A Retrospective Cross-Sectional Study	2026-7 Vol. 10 Issue 4 Pages 213-223 Authors: Badiha Herranz, Iván J. Núñez-Gil, Inés Magan et al. DOI: 10.4103/hm.hm-d-26-00053
Determination of Efficacy of Intervention based on the Cognitive-Behavioral Therapy Model of Panic Attack Treatment in Comorbid Heart Diseases: A Pilot Randomized Controlled Trial	2026-7 Vol. 10 Issue 4 Pages 234-244 Authors: Sajjad Bodaghi, Hamid-Reza Pouretemad, Phillip J. Tully et al. DOI: 10.4103/hm.hm-d-26-00029