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Journal Information

Journal Title	Research in Psychotherapy: Psychopathology, Process and Outcome
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Classification History

Year	A+	A	B	C
2026			✓	
2025			✓	
2024			✓	
2023			✓	
2021/2022			✓	
2020			✓	
2019			✓	
2018				

Classification: The table above shows all journal classifications recorded for each classification year in the Green Journals database. A journal may have more than one classification in the same year.

Recent Articles

Relational skills and self-awareness outcomes in psychotherapy trainees
2026-8-31 Vol. 29 Issue 2
Authors: Elitsa Tilkidzhieva, Salvatore Gullo, Jutta Fiegl et al.
DOI: 10.4081/ripppo.2026.898

Process and outcome in university counseling: the role of epistemic trust and working alliance
2026-8-31 Vol. 29 Issue 2
Authors: Costanza Franchini, Alexandro Fortunato, Alice Fiorini Bincoletto et al.
DOI: 10.4081/ripppo.2026.899

Psychological adaptation and health-related quality of life in inflammatory bowel disease: a 5-year follow-up study
2026-8-27 Vol. 29 Issue 2
Authors: Gabriella Martino, Emanuele M. Merlo, Carmelo M. Vicario et al.
DOI: 10.4081/ripppo.2026.900

Are we on the same page? Examining client-therapist alliance congruence and psychological well-being
2026-7-31 Vol. 29 Issue 2
Authors: John Robert Rilveria
DOI: 10.4081/ripppo.2026.896

Preliminary findings from a brief psychodynamic counseling program for university staff: users' psychological characteristics and implications for the program's utility
2026-7-31 Vol. 29 Issue 2
Authors: Alessia Renzi, Eleonora Piacentini, Vittorio Lingiardi
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Dream processes and affect regulation in psychotherapy: a longitudinal clinical case study
2026-7-31 Vol. 29 Issue 2
Authors: Dorottya Bíró, Péter Osváth, Mátyás Mészáros
DOI: 10.4081/ripppo.2026.895

The association of interpersonal distress with negative mental health outcomes in people with a diagnosed anxiety disorder: a meta-analytic review
2026-7-1 Vol. 29 Issue 2
Authors: Malenka Areas, Cristoph Flückiger, Juan Martín Gómez Penedo
DOI: 10.4081/ripppo.2026.894

Holding the treatment frame: borderline features, personality functioning, and psychotherapy dropout in a youth mental health service
2026-4-30 Vol. 29 Issue 1
Authors: Francesca De Salve, Chiara Rossi, Osmano Oasi et al.
DOI: 10.4081/ripppo.2026.893

Repairing alliance ruptures in psychotherapy with adults: a scoping review
2026-4-30 Vol. 29 Issue 1
Authors: Alberto López-Vásquez, Nicolás González-Araneda, Stephanie Vaccarezza et al.
DOI: 10.4081/ripppo.2026.892

In-session emotional experiencing in brief psychotherapy conducted by trainee psychologists: process, alliance, and the role of therapist persuasiveness
2026-4-29 Vol. 29 Issue 1
Authors: Andreia Soares, Laura Ladislau, Ana Aleixo et al.
DOI: 10.4081/ripppo.2026.891