Green Journals

International Approved Journals

Journal Information

Journal Title	Journal of Science in Sport and Exercise
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E-ISSN	2662-1371
Database	SCOPUS
Domain	Health Sciences, Life Sciences, Physical Sciences, Social Sciences

Classification History

Year	A+	A	B	C
2026			✓	
2025			✓	
2024			✓	
2023			✓	
2021/2022				
2020				
2019				
2018				

Classification: The table above shows all journal classifications recorded for each classification year in the Green Journals database. A journal may have more than one classification in the same year.

Recent Articles

Acute Recovery Responses Following Nordic Hamstring and Razor Curl Exercises
2026-10-28
Authors: Rüçhan İrİ, Turan Aybars Akyürek
DOI: 10.1007/s42978-026-00406-7

Comparative Effects of Multicomponent Exercise on Global Cognition, Memory, and Executive Function in Mild Cognitive Impairment: A Systematic Review and Pairwise Meta-Analysis
2026-10-21
Authors: Kaiyin Cui, Wenlang Yu, Jiabao Zhang et al.
DOI: 10.1007/s42978-026-00402-x

Association Between Quadriceps Strength and Self-Reported Physical Activity in Individuals with Knee Osteoarthritis
2026-10-21
Authors: Malia N. M. Blue, Abbie E. Smith-Ryan, Hope C. Davis-Wilson et al.
DOI: 10.1007/s42978-026-00403-w

Melatonin Enhances Metabolic Recovery After Endurance Exercise: Time-Dependent Modulation of Glycogen and Triglyceride Levels in Skeletal Muscle and Liver
2026-9-29
Authors: Alinson Eduardo Cipriano, Taciane Maria Melges Pejon, Wladimir Rafael Beck
DOI: 10.1007/s42978-026-00395-7

Correction: Circulating Matrix Metalloproteinase Activity and Functional Capacity in Individuals Undergoing Hemodialysis: Exploratory Findings from a Resistance Training Trial
2026-9-25
Authors: Hugo de Luca Correa, Rafael Lavarini dos Santos, Ivo Vieira de Sousa Neto et al.
DOI: 10.1007/s42978-026-00405-8

Predicting Agility and Identifying Football Player Profiles: A Machine Learning Approach
2026-9-15
Authors: Jahanavee Parikshit Ichchhaporia, Pradyut Anand, Mercy Mutinda et al.
DOI: 10.1007/s42978-026-00401-y

Hydrogen-Rich Water Ingestion Alleviates Downhill Running-Induced Muscle Soreness in Recreationally Active Young Men: A Randomized Controlled Trial
2026-9-14
Authors: Ros Amizah Abdullah, Siew Kit Ng, Eshaifol Azam Omar et al.
DOI: 10.1007/s42978-026-00400-z

Acute Effects of Heavy-Load Squat and Light-Load Ballistic Conditioning Activities on Rebound Jump Performance in Collegiate Male Volleyball Players
2026-9-4
Authors: Kazuki Hayashi, Jun Yasuda, Shoh Ozawa et al.
DOI: 10.1007/s42978-026-00386-8

Effects of Exercise on Aerobic Capacity and Quality of Life in Patients with Coronary Heart Disease: A Systematic Review and Meta-Analysis of Randomized Controlled Trials
2026-8-28
Authors: Yin Liang, Yifan Zhang, Liwen Du et al.
DOI: 10.1007/s42978-026-00393-9

Circulating Matrix Metalloproteinase Activity and Functional Capacity in Individuals Undergoing Hemodialysis: Exploratory Findings from a Resistance Training Trial
2026-8-24
Authors: Hugo de Luca Correa, Rafael Lavarini dos Santos, Ivo Vieira de Sousa Neto et al.
DOI: 10.1007/s42978-026-00399-3