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Journal Information

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Classification History

Year	A+	A	B	C
2026			✓	
2025			✓	
2024			✓	
2023			✓	
2021/2022			✓	
2020			✓	
2019			✓	
2018				

Classification: The table above shows all journal classifications recorded for each classification year in the Green Journals database. A journal may have more than one classification in the same year.

Recent Articles

Body Shape Indices and Chronic Knee Pain in Chinese Aging Population: A Longitudinal Analysis of Abdominal Obesity, BMI, and Waist Circumference
2026-1 Vol. 2026 Issue 1
Authors: Dizhou Zhao, Daiqiang Huang, Lifen Zhang et al.
DOI: 10.1155/jobe/2379392

Effectiveness of Liraglutide in Patients With Obesity Who Are Early Non-Responders to Lifestyle Intervention: A Real-World Study
2026-1 Vol. 2026 Issue 1
Authors: Luisa Gilardini, Verdiana Vincenti, Marina Croci et al.
DOI: 10.1155/jobe/1224246

A Narrative Review of Weight Management Strategies: From Lifestyle Interventions to Emerging Pharmacotherapies
2026-1 Vol. 2026 Issue 1
Authors: Iman Saad Ahmed, Sara Luay Tapponi, Hala Malek Manaa et al.
DOI: 10.1155/jobe/6556057

Low-Density Lipoprotein Estimated by Various Equations in Patients With Obesity
2026-1 Vol. 2026 Issue 1
Authors: Johannes Oswald, Iris Bregulla, Monika Bröder et al.
DOI: 10.1155/jobe/4315375

Mediating Effects of Lipid Biomarkers and Sex-Specific Moderation on the Associations Between Anthropometric and Dietary Factors With Insulin Resistance
2026-1 Vol. 2026 Issue 1
Authors: Brice Ulrich Foudjo Saha, Lifoter Kenneth Navti, Ismael Teta et al.
DOI: 10.1155/jobe/7216950

Anthropometric and Metabolic Traits Across Ancestries in the UK Biobank
2026-1 Vol. 2026 Issue 1
Authors: Delnaz Roshandel, Andrew D. Paterson, Satya Dash
DOI: 10.1155/jobe/5149353

Experimental Models of Weight Cycling: A Narrative Review of Protocol Design and Metabolic Outcomes
2026-1 Vol. 2026 Issue 1
Authors: Isabela Macedo Lopes Vasques-Monteiro, Carolline Santos Miranda, Daniela de Barros Mucci et al.
DOI: 10.1155/jobe/2128461

Association Between Metabolic and Endocrine Parameters With Visceral Adiposity Index–Defined Adipose Tissue Dysfunction in Young Adult Males
2026-1 Vol. 2026 Issue 1
Authors: Gabriela Yuri, Natalia Santillana, Liliana Soto et al.
DOI: 10.1155/jobe/5233463

Bariatric Surgery With or Without Concomitant Laparoscopic Cholecystectomy in Morbidly Obese Patients With Gallbladder Stone Disease: A Prospective Randomized Controlled Pilot Study
2026-1 Vol. 2026 Issue 1
Authors: Mohamed Atteya Heikal, Ahmed Mohamed Reda Negm, Hosam Mohamed Elghadban et al.
DOI: 10.1155/jobe/6054585

Prevalence of Overweight in Children Starts Early in Life: Findings From the Italian NASCITA Birth Cohort Study
2026-1 Vol. 2026 Issue 1
Authors: Antonio Clavenna, Rita Campi, Chiara Pandolfini et al.
DOI: 10.1155/jobe/1633187