# Green Journals

International Approved Journals

## Journal Information

| | |
|---|---|
| **Journal Title** | Baltic Journal of Health and Physical Activity |
| **Publisher** | Gdansk University of Physical Education and Sport |
| **ISSN** | 2080-1297 |
| **E-ISSN** | 2080-9999 |
| **Database** | SCOPUS |
| **Domain** | Health Sciences, Life Sciences, Physical Sciences, Social Sciences |

## Classification History

| Year | A+ | A | B | C |
|---|---|---|---|---|
| **2026** | | | ✓ | |
| **2025** | | | ✓ | |
| **2024** | | | ✓ | |
| **2023** | | | | |
| **2021/2022** | | | ✓ | |
| **2020** | | | ✓ | |
| **2019** | | | ✓ | |
| **2018** | | | | |

**Classification:** The table above shows all journal classifications recorded for each classification year in the Green Journals database. A journal may have more than one classification in the same year.

## Recent Articles

**Changes in the group's social structure in mountain tourism**
2014-1-1 Vol. 6 Issue 1
Authors: Gheorghe Lucaciu, Marius Alin Marinau, Mirela Stef et al.
DOI: 10.2478/bjha-2014-0007

**Influence of strength, endurance and concurrent training on the lipid profile and blood testosterone and cortisol response in young male wrestlers**
2014-1-1 Vol. 6 Issue 1
Authors: Seyed Javad Mirghani, Hamid Agha Alinejad, Mohammad Ali Azarbayjani et al.
DOI: 10.2478/bjha-2014-0001

**Daily step counts and selected biological and psychological variables in 16-18-year-old girls**
2014-1-1 Vol. 6 Issue 1
Authors: Adam Kantanista, Pawel Lisowski, Agata Glapa
DOI: 10.2478/bjha-2014-0002

**Motivations and effects of practicing Nordic Walking by elderly people**
2014-1-1 Vol. 6 Issue 1
Authors: Andrzej Knapik, Edward Saulicz, Andrzej Mysliwiec et al.
DOI: 10.2478/bjha-2014-0004

**Study regarding the role of motivation in the sport performance activities**
2014-1-1 Vol. 6 Issue 1
Authors: Paul Florian Dragos
DOI: 10.2478/bjha-2014-0006

**Motivations for undertaking physical activity by first-year students of Faculty of Physical Education in 2000 and 2010**
2014-1-1 Vol. 6 Issue 1
Authors: Alicja Nowak-Zaleska, Ryszard Zaleski, Barbara Wilk et al.
DOI: 10.2478/bjha-2014-0005

**Changes in maximal aerobic fitness and students' attitude towards physical effort during outdoor and indoor school lessons of Physical Education**
2014-1-1 Vol. 6 Issue 1
Authors: Marcin Pasek, Monika Michalowska-Sawczyn, Alicja Nowak-Zaleska
DOI: 10.2478/bjha-2014-0003

**Blood K+ concentration balance after prolonged submaximal exercise – The role of both uptake and excretion processes**
2013-1-1 Vol. 5 Issue 4
Authors: Anna Szczesna-Kaczmarek
DOI: 10.2478/bjha-2013-0021

**Kinematic analysis as a part of objective method of functional classification in disability swimming – Pilot studies**
2013-1-1 Vol. 5 Issue 3
Authors: Alicja K. Dziuba, Agata Kolodziej, Anna Zurowska
DOI: 10.2478/bjha-2013-0016

**Sports Arena vs. Crowd Psychology – A Psychosocial Analysis of Polish Football Fans' Participation in UEFA EURO 2012**
2013-1-1 Vol. 5 Issue 1
Authors: Lesław Kulmatycki
DOI: 10.2478/bjha-2013-0007