# Green Journals

International Approved Journals

## Journal Information

| | |
|---|---|
| **Journal Title** | Vestnik Vosstanovitel'noj Mediciny |
| **Publisher** | National Medical Research Center of Rehabilitation and Balneology of the Ministry |
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| **Domain** | Health Sciences, Life Sciences, Physical Sciences |

## Classification History

| Year | A+ | A | B | C |
|---|---|---|---|---|
| **2026** | | | ✓ | |
| **2025** | | | ✓ | |
| **2024** | | | ✓ | |
| **2023** | | | ✓ | |
| **2021/2022** | | | ✓ | |
| **2020** | | | ✓ | |
| **2019** | | | | |
| **2018** | | | | |

**Classification:** The table above shows all journal classifications recorded for each classification year in the Green Journals database. A journal may have more than one classification in the same year.

## Recent Articles

**Enhancing cardiac rehabilitation outcomes with patient models: a retrospective study**
2026-8-25 Vol. 25 Issue 4 Pages 8-18
Authors: Tatyana A. Mezentseva, Elena A. Malyavina, Sergey L. Leontiev et al.
DOI: 10.38025/2078-1962-2026-25-4-8-18

**Effectiveness of isokinetic training with biofeedback in comprehensive rehabilitation of patients with post-thrombotic syndrome: a quasi-experimental study**
2026-8-25 Vol. 25 Issue 4 Pages 83-95
Authors: Tatiana V. Apkhanova, Anna N. Golikova, Konstantin A. Kaperiz et al.
DOI: 10.38025/2078-1962-2026-25-4-83-95

**Clinical and functional rationale for the use of non-pharmacological treatment in patients with visual impairments after stroke: a single-center controlled trial**
2026-8-25 Vol. 25 Issue 4 Pages 45-53
Authors: Kristina M. Nazarova, Svetlana I. Nareiko, Tatiana V. Marfina et al.
DOI: 10.38025/2078-1962-2026-25-4-45-53

**Influence of ibandronic acid therapy on outcomes of medical rehabilitation of patients with postmenopausal osteoporosis: a prospective open-label randomized controlled trial**
2026-8-25 Vol. 25 Issue 4 Pages 54-73
Authors: Larisa A. Marchenkova, Valeriia A. Vasileva
DOI: 10.38025/2078-1962-2026-25-4-54-73

**Alignment between goal-setting and personalized medical rehabilitation programs: a single-center retrospective study**
2026-8-25 Vol. 25 Issue 4 Pages 74-82
Authors: Mariya A. Bulatova, Boris B. Polyaev, Galina E. Ivanova et al.
DOI: 10.38025/2078-1962-2026-25-4-74-82

**Exercise therapy for individuals with intellectual and developmental differences: an applied study**
2026-8-25 Vol. 25 Issue 4 Pages 35-44
Authors: Darya V. Fedulova, Kirill A. Berdyugin
DOI: 10.38025/2078-1962-2026-25-4-35-44

**Balneotherapy and Persian Medicine: a narrative comparative review of concepts, mechanisms, and therapeutic applications**
2026-8-25 Vol. 25 Issue 4 Pages 114-122
Authors: Amir M. Jaladat, Ghazaleh Heydarirad, Ali Tavakoli et al.
DOI: 10.38025/2078-1962-2026-25-4-114-122

**Natural healing factors: a systematic analysis of the evidence base and prospects for application in pediatric practice**
2026-8-25 Vol. 25 Issue 4 Pages 96-104
Authors: Nina S. Prilipko, Natalia A. Mokina, Mikhail V. Nikitin et al.
DOI: 10.38025/2078-1962-2026-25-4-96-104

**Dry needling versus instrument assisted soft tissue mobilization with cervical mobilization for upper trapezius myofascial pain syndrome: a quasi-experimental study**
2026-8-25 Vol. 25 Issue 4 Pages 27-34
Authors: Rahmat Nugraha, Latifa I. Nurhalim, Sudaryanto Sudaryanto et al.
DOI: 10.38025/2078-1962-2026-25-4-27-34

**Clinical and physiological rationale and methodology for the use of medical xenon in the complex treatment of pain syndrome in osteoarthritis: a review**
2026-8-25 Vol. 25 Issue 4 Pages 105-113
Authors: Elena A. Shomina, Vladimir V. Guriev, Nikolay V. Yarygin
DOI: 10.38025/2078-1962-2026-25-4-105-113