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Journal Information

Journal Title	Journal of Public Mental Health
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Classification History

Year	A+	A	B	C
2026			✓	
2025				
2024				
2023				
2021/2022				
2020				
2019				
2018				

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Authors: Mita Mehta, Tanmaie Ukey, Albi Thomas
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2026-10-22 Pages 1-9
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DOI: 10.1108/jpmh-06-2026-0146

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Authors: Christopher Joseph Alexander
DOI: 10.1108/jpmh-04-2026-0074

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Authors: David Goldsmith
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Positive mental well-being and leisure-time physical activity among young people in Spain: a cross-sectional study
2026-10-9 Pages 1-11
Authors: Guillermo Francisco Martínez-Montás
DOI: 10.1108/jpmh-07-2026-0199

A cluster randomised controlled trial of mental health first aid (MHFA) in UK workplaces
2026-9-22 Pages 1-23
Authors: Opeyemi Atanda, Paula Reavey, Graham Durcan et al.
DOI: 10.1108/jpmh-03-2026-0051

Self-worth on campus: understanding the association between mental health well-being and self-esteem
2026-9-15 Vol. 25 Issue 4 Pages 415-432
Authors: Maruf Hasan Rumi, Abdul Muyeed, M. Jonayed et al.
DOI: 10.1108/jpmh-02-2026-0043

Strategies for successful integration of mental health care delivery into community health worker programs
2026-9-8 Pages 1-7
Authors: Kripa Sigdel, Pragya Rimal, Sabitri Sapkota et al.
DOI: 10.1108/jpmh-05-2026-0129

“They would probably just tell me to stop”: anticipated healthcare professionals’ attitudes and barriers to help-seeking in skin picking disorder
2026-9-1 Vol. 25 Issue 4 Pages 406-414
Authors: Marta Isibor
DOI: 10.1108/jpmh-02-2026-0037

The effect of acceptance and commitment therapy on psychological distress and self-critical rumination in infertile women: a quasi-experimental study
2026-8-25 Pages 1-11
Authors: Hamed Rezakhani Moghaddam, Safura Khajeh Mohammadloo, Marjan Zare
DOI: 10.1108/jpmh-11-2025-0190