Green Journals

International Approved Journals

Journal Information

Journal Title	International Journal of Cognitive Therapy
Publisher	
ISSN	1937-1217
E-ISSN	1937-1209
Database	ERIH PLUS
Domain	Health Sciences, Life Sciences, Social Sciences

Classification History

Year	A+	A	B	C
2026			✓	
2025				
2024				
2023				
2021/2022				
2020				
2019				
2018				

Classification: The table above shows all journal classifications recorded for each classification year in the Green Journals database. A journal may have more than one classification in the same year.

Recent Articles

Understanding the Immediate and Longitudinal Effects of Emotion Reactivity and Deviation from the Balanced Time Perspective on Symptoms of Depression and Anxiety: Latent Growth Curve Modeling
2024-9-14 Vol. 17 Issue 4 Pages 967-990
Authors: Hamed Abdollahpour Ranjbar, Ayşe Altan-Atalay, Mehmet Eskin
DOI: 10.1007/s41811-024-00226-z

Emotional Schema Therapy for Adults Diagnosed with Mental Health Problems: A Systematic Review
2024-9-14 Vol. 17 Issue 4 Pages 991-1007
Authors: Modi Salman Alsubaie
DOI: 10.1007/s41811-024-00229-w

Toward a Better Understanding of Who Is Likely to Be Susceptible to the Effects of Rumination on Obsessive–Compulsive Symptoms: An Explorative Analysis
2024-9-3 Vol. 17 Issue 4 Pages 946-966
Authors: Karina Wahl, Martin Kollárik, Carlotta V. Heinzel et al.
DOI: 10.1007/s41811-024-00228-x

Scoping Review for the Adaptation of Cognitive Behavioral Therapy to the Arab Culture
2024-9-3 Vol. 17 Issue 4 Pages 919-945
Authors: Jamil Nasif, Normah Che Din, Mohamed AL-Khawaja et al.
DOI: 10.1007/s41811-024-00227-y

Computer-Based Cognitive Behavioral Therapy Intervention for Depression, Anxiety, and Stress Disorders: A Systematic Review
2024-8-20 Vol. 17 Issue 4 Pages 885-918
Authors: Nourhan A. Amer, Samir Abdelrazek, Waleed Eladrosy et al.
DOI: 10.1007/s41811-024-00225-0

The Validation of the Rumination on Obsessions and Compulsions Scale (ROCS) in an Iranian Clinical and Non-Clinical Sample
2024-7-25 Vol. 17 Issue 4 Pages 856-884
Authors: Vahid Khosravani, Farangis Sharifibastan, Seyed Mehdi Samimi Ardestani et al.
DOI: 10.1007/s41811-024-00224-1

The Influence of Hated Self on Relationships Between Metacognitive Beliefs, Self-Critical Rumination, Decentering and Psychopathology
2024-7-12 Vol. 17 Issue 4 Pages 762-786
Authors: Hannah R. Gold, Matthew F. Smout
DOI: 10.1007/s41811-024-00223-2

The Relationships between Metacognitive Beliefs and Personality Dysfunction: A Test Controlling for Personality Traits, Emotional Distress Symptoms and General Functioning
2024-7-5 Vol. 17 Issue 4 Pages 743-761
Authors: Eivind R. Strand, Odin Hjemdal, Hans M. Nordahl et al.
DOI: 10.1007/s41811-024-00222-3

Eating Disorder Psychopathology and Insomnia in Iranian Individuals: A Network Analysis
2024-7-4 Vol. 17 Issue 4 Pages 725-742
Authors: Reza N. Sahlan, Margaret Sala
DOI: 10.1007/s41811-024-00221-4

Does Low Memory Confidence Drive Excessive Reassurance Seeking in Obsessive–Compulsive Disorder? Insights from a Novel In Vivo Study
2024-7-4 Vol. 17 Issue 4 Pages 837-855
Authors: Sophie M. Champion, Jessica R. Grisham
DOI: 10.1007/s41811-024-00220-5