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Journal Information

Journal Title	Nutrition and Metabolism
Publisher	BioMed Central Ltd
ISSN	1743-7075
E-ISSN	
Database	SCOPUS
Domain	Health Sciences, Life Sciences

Classification History

Year	A+	A	B	C
2026				
2025				
2024			✓	
2023			✓	
2021/2022		✓	✓	
2020			✓	
2019		✓	✓	
2018		✓		

Classification: The table above shows all journal classifications recorded for each classification year in the Green Journals database. A journal may have more than one classification in the same year.

Recent Articles

Association of triglyceride–glucose index with severe disturbance of consciousness and ICU mortality in critically ill coronary heart disease patients: a multicenter retrospective study
2026-11-16
Authors: Dongyang Che, Zaomao Zhong, Yanlin Zhang et al.
DOI: 10.1186/s12986-026-01250-w

Transitions and stability of overweight/obesity metabolic phenotypes in relation to cognitive decline in middle-aged and elderly Chinese adults
2026-11-15
Authors: Yanling Ma, Chunyan Lu, Jing Liao et al.
DOI: 10.1186/s12986-026-01251-9

Vitamin B supplementation and blood pressure in adults: an umbrella review of meta-analyses of randomized controlled trials
2026-11-14
Authors: Ali Kosari, Shayesteh Fazilat, Hossein Shahinfar et al.
DOI: 10.1186/s12986-026-01240-y

The association between food intake timing and the risk of obstructive sleep apnoea: a cross-sectional analysis
2026-11-13
Authors: Yi Ning Yong, Denise M. O'Driscoll, Alan J. McCubbin et al.
DOI: 10.1186/s12986-026-01233-x

Morning trough, evening peak: 11.8 million measurements reveal a circadian rhythm of blood β-hydroxybutyrate and its inverse coupling with glucose
2026-11-12
Authors: Adrian Soto-Mota, Sebastian Boëthius, Sofia Deloudi et al.
DOI: 10.1186/s12986-026-01245-7

Predicting comorbidity of metabolic syndrome and daytime sleepiness by machine learning and SHAP value interpretation combined with dietary antioxidants
2026-11-12
Authors: Yajing Cheng, Teng Yao, Xiangyu Chen et al.
DOI: 10.1186/s12986-026-01247-5

Dihydroberberine protects against diabetic nephropathy via inhibiting NF-B mediated inflammation and fibrosis
2026-11-11
Authors: Chenyang Zhang, Qianrui Zhang, Ruxuan Zhao et al.
DOI: 10.1186/s12986-026-01244-8

Fish oil enhances trans-endothelial fatty acids transport and lipid deposition in skeletal muscle by promoting muscular VEGF-B expression via GPR120-CaMKK2-AMPK pathway
2026-11-10
Authors: Meiying Luo, Jinhao Liu, Junfeng Wang et al.
DOI: 10.1186/s12986-026-01241-x

Metabolic risk factors and incident cardiovascular disease in Korean adults: a pooled analysis of three prospective cohorts
2026-11-10
Authors: Hyeonji Yoo, Kyong Park
DOI: 10.1186/s12986-026-01239-5

Hepatic lipid accumulation is associated with abnormalities in HDL subclass distribution and composition in the absence of elevated triglyceride levels
2026-11-10
Authors: Riku Kobayashi, Monika Janušaitė, Karoline Sandby et al.
DOI: 10.1186/s12986-026-01243-9