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Journal Information

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2021/2022			✓	
2020			✓	
2019			✓	
2018				

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Recent Articles

Comprehending Regret in Young Adulthood: The Role of Counterfactual Thinking and Self-Reflection
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Authors: Faiz Younas, Laiba Kausar, Shazia Qayyum
DOI: 10.65463/sa.24.2.2026.275.24-31

Schema Therapy for Treatment-Resistant Obsessive-Compulsive Disorder with Childhood Trauma and Comorbid Personality Pathology: A Prospective Single-Group Repeated-Measures Study
2026-6-30 Vol. 24 Issue 1 Pages 3-23
Authors: Muhammad Munib Ur Rehman, Amna Maqsood
DOI: 10.65463/sa.24.1.2026.274.3-23

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2009-12-31 Vol. 7 Issue 1 Pages 55-64
Authors: Vidhu Mohan, Parwinder Singh, Jaspal Singh
DOI: 10.65463/sa.7.1.2009.29.55-64

Relationship between early separation anxiety and depressive symptoms: the mediating role of locus of control and problem solving skills
2009-12-31 Vol. 7 Issue 1 Pages 3-17
Authors: Aydoğan A. Ceyhan, Esra Ceyhan
DOI: 10.65463/sa.7.1.2009.25.3-17

Case Study – A case study of acute stress reaction: intra-familial conflicts
2009-12-31 Vol. 7 Issue 1 Pages 65-70
Authors: Mehreen Shahid
DOI: 10.65463/sa.7.1.2009.30.65-70

Subjective well-being and self-esteem of post-graduate students in Pakistan
2009-12-31 Vol. 7 Issue 1 Pages 45-54
Authors: Farva M. Butt
DOI: 10.65463/sa.7.1.2009.28.45-54

Reducing anxiety and depression among HIV positive patients
2009-12-31 Vol. 7 Issue 1 Pages 18-30
Authors: Sunita Gupta
DOI: 10.65463/sa.7.1.2009.26.18-30

Aggression as a subsequent response to hopelessness feelings of infertility
2009-12-31 Vol. 7 Issue 1 Pages 31-44
Authors: Sarwat Sultan
DOI: 10.65463/sa.7.1.2009.27.31-44

The comparative efficacy of two biofeedback techniques in the treatment of generalized anxiety disorder
2008-12-31 Vol. 6 Issue 1 Pages 35-46
Authors: Hitanshu Agnihotri, Maman Paul, Jaspal S. Sandhu
DOI: 10.65463/sa.6.1.2008.20.35-46

Case Study – A case study of social phobia: selfperception of being ugly
2008-12-31 Vol. 6 Issue 1 Pages 71-76
Authors: Saliha Anjum
DOI: 10.65463/sa.6.1.2008.24.71-76