

Journal Information

Journal Title	Cognitive Behaviour Therapy
Publisher	Taylor and Francis A.S.
ISSN	1650-6073
E-ISSN	1651-2316
Database	SCOPUS
Domain	Health Sciences, Life Sciences, Social Sciences

Classification History

Year	A+	A	B	C
2026		✓	✓	
2025		✓	✓	
2024		✓	✓	
2023		✓	✓	
2021/2022		✓	✓	
2020		✓	✓	
2019		✓	✓	
2018		✓		

Classification: The table above shows all journal classifications recorded for each classification year in the Green Journals database. A journal may have more than one classification in the same year.

Recent Articles

Effectiveness of the internet-based unified protocol transdiagnostic intervention for the treatment of depression, anxiety, and related disorders in a routine primary care setting in Ireland: a pilot pragmatic randomized controlled trial 2026-10-22 Pages 1-17 Authors: Ladislav Timulak, Louise Griffin, Patrick Healy et al. DOI: 10.1080/16506073.2026.2749791
The indirect effects of trauma-related shame and experiential avoidance on PTSD and suicidality 2026-9-30 Pages 1-17 Authors: Jacquelyn Quiroga, David H. Johnson, Brian J. Albanese DOI: 10.1080/16506073.2026.2736051
Investigating the role of affective valence and arousal in exposure therapy for anxiety and related disorders 2026-9-29 Pages 1-14 Authors: Hayley E. Fitzgerald, Laura J. Long, Star Moore et al. DOI: 10.1080/16506073.2026.2736050
Changes in happy and sad emotions across the course of the PTSD Coach Online—Arabic intervention: a latent growth curve analysis 2026-9-16 Pages 1-9 Authors: Catherine A. Maloney, Katherine Edler, Kate Ellis et al. DOI: 10.1080/16506073.2026.2734726

<p>Effectiveness and mechanisms of internet-delivered transdiagnostic CBT for students with adjustment disorder: the role of cognitive inflexibility, self-compassion, and mindfulness</p> <p>2026-9-10 Pages 1-24</p> <p>Authors: A. Juszczak-Kalina, T. J. Farchione, A. L. Williams et al.</p> <p>DOI: 10.1080/16506073.2026.2720139</p>
<p>A feasibility study of a new version of self-practice/self-reflective (SP/SR) groupwork for cognitive behaviour therapy training</p> <p>2026-8-28 Pages 1-17</p> <p>Authors: Nicola Walker, Bernie Gibson, Jonathan Emerson et al.</p> <p>DOI: 10.1080/16506073.2026.2724074</p>
<p>One-session treatment for trypophobia: a controlled multiple baseline trial</p> <p>2026-8-25 Pages 1-18</p> <p>Authors: Simone Hain, Ella L. Oar, Alexandra Mruk et al.</p> <p>DOI: 10.1080/16506073.2026.2723119</p>
<p>Group and online application of the Unified Protocol in Argentina: controlled pilot study</p> <p>2026-8-25 Pages 1-24</p> <p>Authors: Marcela Kaplan, Milagros Celleri, Florencia Klajner et al.</p> <p>DOI: 10.1080/16506073.2026.2720138</p>
<p>Add-on effect of a brief internet-delivered emotion regulation intervention for eating disorders: a replicated single-case experimental design</p> <p>2026-8-22 Pages 1-18</p> <p>Authors: Line Nordgren, Ata Ghaderi, Brjánn Ljótsson et al.</p> <p>DOI: 10.1080/16506073.2026.2716624</p>
<p>Does cognitive behavioral therapy change the daily activity patterns of adults with depression? A secondary analysis of the CBT+ trial</p> <p>2026-8-18 Pages 1-8</p> <p>Authors: Madeleine L. Connolly, Siming Sun, Shania J.E. Kelly et al.</p> <p>DOI: 10.1080/16506073.2026.2720134</p>