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Journal Information

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Classification History

Year	A+	A	B	C
2026			✓	
2025				
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2023				
2021/2022				
2020				
2019				
2018				

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Recent Articles

Resonance Frequency Breathing Intervention Modifies Cardiac Autonomic Response During a Metabolic Challenge
2026-10-13
Authors: Lisa Patricia Peters, Martin Heni, Andreas Peter et al.
DOI: 10.1007/s10484-026-09813-6

Integrating Virtual Reality-Based Simulation and Biofeedback Monitoring into Vocal Training: Investigating Cognitive Mechanisms of Singing and Sensorimotor Adaptation
2026-10-13
Authors: Wensheng Tang, Pinqi Zhang
DOI: 10.1007/s10484-026-09815-4

Chronic Headache: The Interplay of Muscle Tension, its Discrimination, and Body Awareness
2026-10-10
Authors: Elisabetta Patron, Giulia Demo, Silvia Favaretto et al.
DOI: 10.1007/s10484-026-09814-5

Acute Psychophysiological Effects Of 4–7–8 And Nadi Shodhana Breathing: A Randomized Crossover Study
2026-9-22
Authors: Fatma Esra Avcık, Fatih koç, Abdurrahman Aktop
DOI: 10.1007/s10484-026-09811-8

Systematic Review of Randomised Controlled Trials Evaluating Box Breathing for Stress, Autonomic, and Clinical Outcomes
2026-9-21
Authors: Asmita Dujawara, Kamran Ali, Sonam Kumari
DOI: 10.1007/s10484-026-09812-7

Neurofeedback-Guided Motor Imagery in Chronic Stroke: A Case Series on Upper-Limb Recovery, Cortical Activation, and Brain Symmetry
2026-9-20
Authors: Raquel Carvalho, Elsa Azevedo, Paulo Marques et al.
DOI: 10.1007/s10484-026-09808-3

Effect of an Eight-Weeks Yogic Intervention on Psychological Distress, Mental Well-being, and Physiological Regulation among Teenage Student-Athletes: A Randomized Controlled Trial
2026-9-12
Authors: Sandeep Saroha, Deepak Bangari
DOI: 10.1007/s10484-026-09810-9

Evaluating the Efficacy of Biofeedback in Pain Management and Rehabilitation of Sports Injuries: A Systematic Review of Randomized Controlled Trials
2026-9-1
Authors: Andrei Mateus Delgado Viana, Neha Pirwani, Attila Szabo
DOI: 10.1007/s10484-026-09809-2

Site-Dependent Patterns of Affective Interference Control and Inhibitory Braking Following Auricular Stimulation
2026-8-19
Authors: Yushi Yang, Xuan Wang, Danni Zhang et al.
DOI: 10.1007/s10484-026-09807-4

Load-Dependent Modulation of Cognitive Control Following OM Meditation: Time-Resolved EEG Evidence from the N2 Component
2026-8-13
Authors: Gyaneshwar Singh, M. Ummesalma, Suhas Vinchurkar et al.
DOI: 10.1007/s10484-026-09806-5