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Journal Information

Journal Title	American Journal of Lifestyle Medicine
Publisher	SAGE Publications Inc.
ISSN	1559-8276
E-ISSN	1559-8284
Database	SCOPUS
Domain	Health Sciences, Life Sciences, Physical Sciences, Social Sciences

Classification History

Year	A+	A	B	C
2026			✓	
2025			✓	
2024			✓	
2023			✓	
2021/2022			✓	
2020			✓	
2019			✓	
2018				

Classification: The table above shows all journal classifications recorded for each classification year in the Green Journals database. A journal may have more than one classification in the same year.

Recent Articles

The Role of Health Coaches on a Clinical Research Team: Development & Implementation of a Health Coach-Informed Research Model During User Testing of a Lupus Whole Health Intervention
2026-11-6
Authors: Leigh S. Baker, Anna Batsakes, Connor Drake et al.
DOI: 10.1177/15598276261502276

Lifestyle Medicine: Of Pillars and Pistons, Constructs and Connotations
2026-11-5
Authors: David L. Katz, Elizabeth P. Frates
DOI: 10.1177/15598276261503492

Association Between Awareness of Dietary Intake Restriction at Two Time Points and Mortality Outcomes: A Cohort Study in Japan
2026-11-5
Authors: Daisaku Nishimoto, Shiroh Tanoue, Athira Nandakumar et al.
DOI: 10.1177/15598276261498205

Physical Activity Consultation Framework for Primary Care Providers
2026-11-4
Authors: Paolo Capodaglio, Luca Cavaggioni
DOI: 10.1177/15598276261495518

More than Muscle: The Use of Resistance Training to Improve Brain Health
2026-11-3
Authors: Christian C. Doxakis, Snehi B. Shah, Pranav J. Parikh et al.
DOI: 10.1177/15598276261503252

A Framework, Not a Script: Lessons in Lifestyle Medicine Education from Las Margaritas	2026-11-3 Authors: Noah Janfaza, Beth Frates DOI: 10.1177/15598276261500386
Development and Evaluation of a Cultural Competency Curriculum in Culinary Medicine at an Osteopathic Medical School	2026-11-2 Authors: Maria G. Torres, Natalie M. Yousef, Brian Tran et al. DOI: 10.1177/15598276261500397
Generational Adherence to Vegetarian Diets in the Loma Linda Blue Zone and Surrounding Areas: A Cross-Sectional Study Between Adventist and Non-Adventist Populations	2026-10-28 Authors: Alaa Alabadi-Bierman, W. Lawrence Beeson, Michael Paalani et al. DOI: 10.1177/15598276261500079
A New Chapter in Lifestyle Medicine	2026-10-27 Authors: Michelle E. Hauser DOI: 10.1177/15598276261497152
Move the Body, Mend the Brain	2026-10-27 Authors: Bryant J. Webber DOI: 10.1177/15598276261497667