Green Journals

International Approved Journals

Journal Information

Journal Title	Journal of Sport & Exercise Psychology (JSEP)
Publisher	
ISSN	1543-2904
E-ISSN	0895-2779
Database	ERIH PLUS
Domain	Health Sciences, Life Sciences, Social Sciences

Classification History

Year	A+	A	B	C
2026			✓	
2025				
2024				
2023				
2021/2022				
2020				
2019				
2018				

Classification: The table above shows all journal classifications recorded for each classification year in the Green Journals database. A journal may have more than one classification in the same year.

Recent Articles

The Forgotten Continent? A Scoping Review of Psychosocial Research in African Youth Sport
2026-10-1 Vol. 48 Issue 5 Pages 279-301
Authors: Ayomiposi O. Aribasoye, Travis E. Dorsch, Leapetswe Malete
DOI: 10.1123/jsep.2025-0266

Youth Sport Players' Enjoyment in Team Practice Sessions: The Daily Impact of Coaches and Basic Psychological Need Satisfaction
2026-10-1 Vol. 48 Issue 5 Pages 315-323
Authors: Jesper B. Bugten, Bård Erlend Solstad, Andreas Ivarsson et al.
DOI: 10.1123/jsep.2025-0306

Digest
2026-10-1 Vol. 48 Issue 5 Pages 324-328
Authors: Kim Gammage, Margo Adam, Matthew Bird et al.
DOI: 10.1123/jsep.2026-0284

Parent–Child Emotion Regulation Within Competitive Youth Sport Families: A Qualitative Multiple Case Study
2026-10-1 Vol. 48 Issue 5 Pages 257-266
Authors: Jordan T. Sutcliffe, Katherine A. Tamminen
DOI: 10.1123/jsep.2025-0222

The Effects of Training Type and Affective Stimuli on Promoting Physical Activity: Based on the Approach-Avoidance Training Paradigm
2026-10-1 Vol. 48 Issue 5 Pages 302-314
Authors: Chuntian Wang, Guoli Zhang
DOI: 10.1123/jsep.2026-0014

Psychological Violence and Mental Health Outcomes in NextGen Athletes: Moderating Role of Mental Performance Skills
2026-10-1 Vol. 48 Issue 5 Pages 267-278
Authors: Lara Pomerleau-Fontaine, Véronique Boudreault, Sophie Labossière et al.
DOI: 10.1123/jsep.2025-0255

Mindful Sport Performance Enhancement in Youth Soccer: A Randomized Active-Control Trial of Objective Performance Under Pressure and Psychological Outcomes
2026-8-1 Vol. 48 Issue 4 Pages 229-240
Authors: Alireza Farsi, Javad Shakerd, Ebrahim Moteshareie et al.
DOI: 10.1123/jsep.2026-0002

Exploring the Viability of Encouraging Person-Adaptive Exercise During a 2-Week Microcycle: A Mixed-Method Study of Flexible Nonlinear Periodization
2026-8-1 Vol. 48 Issue 4 Pages 217-228
Authors: Kelley Strohacker, Adam H. Ibrahim, Cory T. Beaumont et al.
DOI: 10.1123/jsep.2025-0211

Physical Education Students Can Create a More Supportive Learning Environment for Themselves: Reciprocal Relations Between Agentic Engagement and Peer Support
2026-8-1 Vol. 48 Issue 4 Pages 241-251
Authors: Chang-Ha Im, Sung Hyeon Cheon, Kyoung-Eun Yoo et al.
DOI: 10.1123/jsep.2025-0324

Indigenized Science
2026-8-1 Vol. 48 Issue 4 Pages 189-197
Authors: Robert J. Schinke, Qiang Gao, Yufeng Li et al.
DOI: 10.1123/jsep.2025-0305