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Journal Information

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Classification History

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2026			✓	
2025			✓	
2024		✓	✓	
2023		✓	✓	
2021/2022		✓	✓	
2020		✓	✓	
2019		✓	✓	
2018		✓		

Classification: The table above shows all journal classifications recorded for each classification year in the Green Journals database. A journal may have more than one classification in the same year.

Recent Articles

A Broad Overview of the Multifaceted Royal Jelly and Its Applicability in Health and Performance
2026-2-5 Vol. 24 Issue 1 Pages 4-14
Authors: Karine Fernandes Souza, Luis Carlos Oliveira Gonçalves, Foued Salmen Espindola
DOI: 10.37290/ctnr.v24i1.8

Co-Administration of Creatine and Vitamin D and Telomere Length in Older Men: An Exploratory Pilot Trial
2026-2-5 Vol. 24 Issue 1 Pages 1-3
Authors: Sergej M. Ostojic, Viktória Prémusz, Pongrác Ács
DOI: 10.37290/ctnr.v24i1.28

Effects Of 12-Week Hydrogen-Rich Water Consumption on Body Composition and Metabolic Biomarkers in Adults with Metabolic Syndrome Stratified by Breath Hydrogen Levels: A Randomized Controlled Trial
2025-10-12 Vol. 23 Issue 2 Pages 18-25
Authors: Nikola Todorovic, David Nedeljkovic, Darinka Korovljev et al.
DOI: 10.37290/ctnr.v23i2.29

Effect of Vitamin D on Thyroid Function Among Diabetic Patients
2025-10-9 Vol. 1 Issue 1 Pages 1-2
Authors: Saif Aboud M. Alqahtani
DOI: 10.37290/ctnr.v1i1.1

Diagnostic Accuracy of Artificial Intelligence-Assisted Mammography Interpretation Vs. Radiologist Alone: A Systematic Review and Meta-Analysis
2025-10-6 Vol. 23 Issue 2 Pages 1-8
Authors: Loai Saleh Albinsaad, Eman Abdullah Almubarak, Raghad Mohammad Ahmed Balkhair et al.
DOI: 10.37290/ctnr.v23i2.24

Multi-Pollutants Water Cascade Analysis for Industrial Water Minimization
2025-9-30 Vol. 23 Issue 2 Pages 9-17
Authors: Teba K. Husen, Mohammad N. Faris, Mohammad A. Taher
DOI: 10.37290/ctnr.v23i2.25

Effect of Brown Rice on Insulin Resistance and Insulin-Sensitive Glucose Transporters Expression in Adipose Tissue of Diet-Induced Obese Rats
2025-7-14 Vol. 23 Issue 1 Pages 75-81
Authors: Laksmi Sasiarini, Hidayat Sujuti, Dian Handayani et al.
DOI: 10.37290/ctnr2641-452x.23:75-81

Participant Experiences from Chronic Administration of Irvingia Gabonensis Seed Extract and Inulin on the Body's Satiety: An Exploratory Analysis of a Single-Blind Clinical Trial
2025-4-23 Vol. 23 Issue 1 Pages 56-63
Authors: Lorry Luo, Luke Law, Ming Yu et al.
DOI: 10.37290/ctnr2641-452x.22:56-63

Participant Experiences from Chronic Administration of Sustained-Release Gaba and Alpha-S1 Casein Hydrolysate Compound Versus Melatonin on Sleep Quality: An Exploratory Analysis of a Single-Blind Clinical Trial
2025-4-23 Vol. 23 Issue 1 Pages 50-55
Authors: Lorry Luo, Luke Law, Naining Zhang et al.
DOI: 10.37290/ctnr2641-452x.23:50-55

Comparing Regulatory Framework for Nutraceuticals Between India and The European Union
2025-2-12 Vol. 23 Issue 1 Pages 64-74
Authors: Arunkumar G Ramesh, Jaishree Vaijanathappa, Baviya Priyadharshini Rajkumar et al.
DOI: 10.37290/ctnr2641-452x.23:64-74