# Green Journals

International Approved Journals

## Journal Information

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|---|---|
| **Journal Title** | METABOLIC SYNDROME AND RELATED DISORDERS |
| **Publisher** | SAGE PUBLICATIONS INC |
| **ISSN** | 1540-4196 |
| **E-ISSN** | 1557-8518 |
| **Database** | Clarivate |
| **Domain** | Health Sciences, Life Sciences |

## Classification History

| Year | A+ | A | B | C |
|---|---|---|---|---|
| **2026** | | ✓ | ✓ | |
| **2025** | | ✓ | ✓ | |
| **2024** | | ✓ | ✓ | |
| **2023** | | ✓ | ✓ | |
| **2021/2022** | | ✓ | ✓ | |
| **2020** | | ✓ | ✓ | |
| **2019** | | ✓ | ✓ | |
| **2018** | | ✓ | | |

**Classification:** The table above shows all journal classifications recorded for each classification year in the Green Journals database. A journal may have more than one classification in the same year.

## Recent Articles

**Cardiac Effects of Combined Versus Individual Interventions of Mediterranean Diet and Exercise in Adults with the Hypertriglyceridemic Waist Phenotype: A Randomized Trial**
2026-10-19 Vol. 24 Issue 10 Pages 479-488
Authors: Amélie Paquin, Chloé Prémont, Marie-Anne Mathieu et al.
DOI: 10.1177/15578518261500227

**Real-World Implementation of Telemonitoring-Supported Care Redesign in Type 1 Diabetes: Reduced Outpatient Utilization with Preserved Glycemic Outcomes**
2026-10-19
Authors: Sjaam Jainandunsing, Marijke Dekker, Renée Paijmans-Hovenier et al.
DOI: 10.1177/15578518261500341

**Cardiometabolic Assessment in Patients with Overweight, Obesity, or Type 2 Diabetes Undergoing Artificial Intelligence–Based Retinal Screening: A Real-World Evidence Study**
2026-10-12
Authors: Elena Muratore, Viviana Maggio, Francesca Vaccaro et al.
DOI: 10.1177/15578518261496129

**Triglyceride-Glucose Index and 10-Year Atherosclerotic Cardiovascular Disease Risk: Associations of Obesity-Related Indices in Two Nationally Representative Populations**
2026-10-9
Authors: Fei Ge, Qingqing Zhang, Hao Jiang et al.
DOI: 10.1177/15578518261496117

**Serum Uric Acid and Metabolic Dysfunction–Associated Steatotic Liver Disease: A Two-Stage NHANES Study of MASLD Prevalence and All-Cause Mortality**
2026-10-8
Authors: Hafiz M. Ahmed, Umm e Aimen
DOI: 10.1177/15578518261495389

**Circulating Anti-Müllerian Hormone, Activins, Inhibins, and Follistatin in Women with Polycystic Ovary Syndrome and Idiopathic Hirsutism: A Case–Control Study**
2026-10-8
Authors: Sevil Savaş Erdoğan, Meryem Hocaoğlu, Filiz Cebeci Kahraman et al.
DOI: 10.1177/15578518261495359

**Immunometabolic Score AISI, UHR, RDW-to-Triglycerides and LDL-c-to-HDL-c Ratios as Early Markers of Cardiometabolic Risk in a Young Mexican Population with Elevated Waist-to-Height Ratio**
2026-9-21 Vol. 24 Issue 10 Pages 456-466
Authors: Rubén Omar Urbina-Rodríguez, Juan Diego Cortés-García, Eneida Turiján-Espinoza et al.
DOI: 10.1177/15578518261490095

**Serum Iron as a Key Predictor of Diabetes Risk: Findings from 13 Cities in Saudi Arabia**
2026-9-21
Authors: Saeed Awad M. Alqahtani, Fadwa M. Alkhulaifi, Jamilah Alshammari et al.
DOI: 10.1177/15578518261479845

**Clinical Utility of the Atherogenic Plasma Index for Identifying Atherogenic Dyslipidemia: A Large Cross-Sectional Analysis Stratified by Sex and Thyroid Status**
2026-9-18 Vol. 24 Issue 10 Pages 489-499
Authors: Fatih Çon, Alev Kural, Duygu Sarı Ak
DOI: 10.1177/15578518261489012

**Uric Acid and Grip Strength as Predictors of Mortality in Older Adults: A Sex-Stratified Analysis**
2026-9-15 Vol. 24 Issue 10 Pages 500-507
Authors: Neslihan Doğan, Sibel Akın, Gökmen Zararsız et al.
DOI: 10.1177/15578518261488223