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Journal Information

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Classification History

Year	A+	A	B	C
2026		✓	✓	
2025		✓	✓	
2024		✓	✓	
2023		✓	✓	
2021/2022		✓	✓	
2020		✓	✓	
2019		✓	✓	
2018		✓		

Classification: The table above shows all journal classifications recorded for each classification year in the Green Journals database. A journal may have more than one classification in the same year.

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Psychological Pathway Linking Poor Sleep to Marital Quality in Middle-Aged and Older African Americans: Evidence for a Compensatory Role of Sense of Control
2026-10-20 Pages 1-13
Authors: Kandauda A. S. Wickrama, Penny A. Ralston
DOI: 10.1080/15402002.2026.2750564

Parental Anxiety, Depression, and Sleep Quality in Relation to Infant Sleep: A Two-Cohort Longitudinal Study
2026-10-19 Pages 1-12
Authors: Shih-Chi Chung, Shih-Ming Chu, Wei-Hsuan Jen et al.
DOI: 10.1080/15402002.2026.2750552

The Serial Mediating Roles of Repetitive Negative Thinking and Future Anxiety Between AI Competence Anxiety and Sleep Disturbance
2026-10-4 Pages 1-12
Authors: Berkan Can Kara, Fulya Türk, Mehmet Engin Deniz
DOI: 10.1080/15402002.2026.2742293

COMISA as an Independent Correlate of White Matter Hyperintensities in OSA Patients: A Cross-Sectional Study and Nomogram Construction
2026-9-30 Pages 1-13
Authors: Mingming Zhao, Yian Lu, Huichang Huang et al.
DOI: 10.1080/15402002.2026.2708303

Associations Between Obstructive Sleep Apnea and Cotinine: A Cross-Sectional Study Based on 2015–2020 NHANES
2026-9-27 Pages 1-10
Authors: Qian Xue, Hongju Chen
DOI: 10.1080/15402002.2026.2738946

Psychometric Properties of the Nightmare Distress Questionnaire in Veterans with Posttraumatic Nightmares
2026-9-12 Pages 1-10
Authors: Gina Fisher, Amber B. Cohen, Emina Prguda et al.
DOI: 10.1080/15402002.2026.2729031

Feasibility and Acceptability of a Trauma-Informed Behavioral Sleep Intervention for Young Children Placed in and Adopted from Foster Care
2026-9-11 Pages 1-14
Authors: Candice A. Alfano, Megan E. Rech, Carter Baker et al.
DOI: 10.1080/15402002.2026.2731091

Efficacy of the 'Quarter-of-an-Hour-Rule' Single Instruction Derived from Stimulus Control Therapy for Insomnia: A Pragmatic Open-Label, Randomized Controlled Trial
2026-8-30 Pages 1-19
Authors: Colin A. Espie, Katrina Y. K. Tse, Marina Malaffo
DOI: 10.1080/15402002.2026.2724278

"Why don't They Seek Help?" A Qualitative Study of Barriers and Motivators to Insomnia Treatment Among Youth
2026-8-27 Pages 1-12
Authors: Hao Fong Sit, Ran Wang, Julia Ming Yee Or et al.
DOI: 10.1080/15402002.2026.2724272

Insomnia Symptoms are Common Among Community Dwelling African Americans Who Report Poor Sleep
2026-8-19 Pages 1-12
Authors: Paul Peyrel, Matthew Viverito, Danielle Eliser et al.
DOI: 10.1080/15402002.2026.2715443