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Journal Information

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2026			✓	
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2020			✓	
2019			✓	
2018				

Classification: The table above shows all journal classifications recorded for each classification year in the Green Journals database. A journal may have more than one classification in the same year.

Recent Articles

Randomized Controlled Trial on the Effect of Yoga on Anxiety Severity, Quality of Life, and Biomarkers in Individuals with Anxiety Disorder
2026 Vol. 36 Issue 2026
Authors: Kavitha Natarajan, Pravati Pal, Gopal Krushna Pal et al.
DOI: 10.17761/2026-d-24-00087

Effects of Yoga-Based Diaphragmatic Breathing and Systematic Relaxation on Depression, Anxiety, Stress, and Disease-Related Adverse Events in End-Stage Renal Disease
2026 Vol. 36 Issue 2026
Authors: Ratnil Joshi, Rajeev Mohan Kaushik, Vikas Chandel et al.
DOI: 10.17761/2026-d-25-00036

Mixed-Methods Exploratory Study on the Feasibility of a Yoga-Based Intervention for Adolescents with Autism Spectrum Disorder and Their Parents
2026 Vol. 36 Issue 2026
Authors: Marie-Joelle Beaudoin, Gilles Dupuis, Nathalie Poirier
DOI: 10.17761/2026-d-25-00016

Autonomous Motivations for Yoga and Allied Therapies and Their Association with Treatment Outcome: A Convenience-Sampling Pre–Post Survey from India
2026 Vol. 36 Issue 2026
Authors: Shirley Telles, Babita Vishwakarma, Sachin Kumar Sharma et al.
DOI: 10.17761/2026-d-24-00076

Effect of Yoga on Biomarker Modulation and Infertility in Polyendocrine Metabolic Ovarian Syndrome: A Case Report
2026 Vol. 36 Issue 2026
Authors: Deepika Kumari, Reeta Mahey, Neena Malhotra et al.
DOI: 10.17761/2026-d-25-00067

Integration of Dialectical Behavior Therapy and Trauma Center Trauma-Sensitive Yoga: Expert Opinion via Delphi Methodology
2026 Vol. 36 Issue 2026
Authors: Kelsey M. Dietrich, Joseph G. Davidson, Rachel Willhite et al.
DOI: 10.17761/2026-d-25-00002

Integrative Therapeutic Yoga for Substance Use and Co-Occurring Symptoms: Outcomes and Insights from a Residential Treatment Program
2026 Vol. 36 Issue 2026
Authors: Amy Wheeler, Katherine Quayhagen, Amanda M. Raines et al.
DOI: 10.17761/2026-d-25-00048

Yoga as Mindful Movement: A Randomized Controlled Trial for Early Elementary School–Aged Children with Developmental Disabilities
2026 Vol. 36 Issue 2026
Authors: Catherine P. Cook-Cottone, Vito Gigante, Claire Cameron et al.
DOI: 10.17761/2026-d-25-00007

2026 Accepted Research Abstracts
2026 Vol. 36 Issue s1 Pages 1-13
DOI: 10.17761/1531-2054-36.s1.1

Systematic Review on the Effect of Yoga Nidra on Menstrual Disorders Among Adult Women
2026 Vol. 36 Issue 2026
Authors: Sadhana Sony, Vardaan Singh Saini, Arti Yadav et al.
DOI: 10.17761/2026-d-25-00025