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Journal Information

Journal Title	Sleep and Biological Rhythms
Publisher	
ISSN	1446-9235
E-ISSN	
Database	AERES
Domain	Health Sciences, Life Sciences, Physical Sciences, Social Sciences

Classification History

Year	A+	A	B	C
2026		✓	✓	
2025		✓	✓	
2024		✓	✓	
2023		✓	✓	
2021/2022		✓	✓	
2020		✓	✓	
2019		✓	✓	
2018		✓		

Classification: The table above shows all journal classifications recorded for each classification year in the Green Journals database. A journal may have more than one classification in the same year.

Recent Articles

Reliability and convergent validity of the Japanese athlete sleep screening questionnaire in elite athletes across a wide age range
2026-10-25
Authors: Masako Hoshikawa, Yasutaka Ojio
DOI: 10.1007/s41105-026-00688-y

Correlation analysis between metabolic indices and REM sleep architecture in patients with type 1 narcolepsy
2026-10-23
Authors: Xu Jingru, Shi Jiaqi, Fan Mingyue et al.
DOI: 10.1007/s41105-026-00695-z

Comparative effects of non-pharmacological interventions on sleep quality in chronic heart failure: a systematic review and Bayesian network meta-analysis
2026-10-21
Authors: Jingyu Wang, Shoushou Xu, Qianqian Sun et al.
DOI: 10.1007/s41105-026-00693-1

Early obstructive sleep apnea (OSA) resolution after bariatric surgery seems to be associated with lower pre-operative waist circumference
2026-10-21
Authors: I. Bold, S. Carlier, C. Sanida et al.
DOI: 10.1007/s41105-026-00692-2

Assessment of patient-reported outcomes for sleep status and daytime functioning with vornorexant administration: results from a randomized phase 3 pivotal study
2026-10-12
Authors: Yusuke Miyazaki, Daiji Kambe, Sayaka Hasegawa et al.
DOI: 10.1007/s41105-026-00691-3

Osm-9/OCR-2 can reverse the grk-2 mutation inducing swimming obstacle in C. elegans
2026-9-27
Authors: Yangjiahui Liu, Miaojing Xu, Ruike Xie et al.
DOI: 10.1007/s41105-026-00687-z

Sleep patterns in children and adolescents with neurodevelopmental disorders: differences in social jet lag and non–rapid eye movement sleep latency
2026-9-24
Authors: Yuma Iwanaka, Hirokazu Ikeda, Tsuneki Watanabe et al.
DOI: 10.1007/s41105-026-00689-x

Transcutaneous auricular vagus nerve stimulation for chronic insomnia: a critical review of clinical evidence, mechanistic hypotheses, and research priorities
2026-9-21
Authors: Yushi Yang, Ziyan Wang, Xuan Wang et al.
DOI: 10.1007/s41105-026-00690-4

Chrono-nutrition and sleep health in shift workers: a systematic review
2026-9-18
Authors: Bomin Jeon, Jihyun Baek, Yewon Lee
DOI: 10.1007/s41105-026-00685-1

Comprehensive daily lifestyle behaviors and their associations with heart rate variability in healthcare workers
2026-9-16
Authors: Mariko Shingaki, Kazuhiro Kurihara, Kei Nakamura et al.
DOI: 10.1007/s41105-026-00686-0