Green Journals

International Approved Journals

Journal Information

Journal Title	Spanish Journal of Psychology
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Classification History

Year	A+	A	B	C
2026		✓	✓	
2025		✓	✓	
2024		✓	✓	
2023		✓	✓	
2021/2022		✓	✓	
2020		✓	✓	
2019		✓	✓	
2018		✓		

Classification: The table above shows all journal classifications recorded for each classification year in the Green Journals database. A journal may have more than one classification in the same year.

Recent Articles

Long-Term Outcomes of the Transdiagnostic Super Skills for Life Program on Symptoms of Anxiety and Depression: A 6.4-Year Follow-Up Study
2026 Vol. 29
Authors: Iván Fernández-Martínez, Alexandra Morales, Mireia Orgilés
DOI: 10.1017/sjp.2026.10044

Masculinity in Transition: Comparing Conformity to Masculine Norms in Emerging and Older Adults
2026 Vol. 29
Authors: Marta Evelia Aparicio-García, Marcos Romero-Suárez, Daniel Vázquez-Estévez et al.
DOI: 10.1017/sjp.2026.10039

Youth-Onset Homelessness, Vulnerable Life Trajectories, and Mental Health: Intergenerational Reproduction of Adversity and Precarity in Madrid, Spain
2026 Vol. 29
Authors: Silvia Torrego, Sonia Panadero, Fran Calvo et al.
DOI: 10.1017/sjp.2026.10041

ICT Use at Work as a Double-Edged Sword: A Moderated Mediation Model of Employee Well-Being
2026 Vol. 29
Authors: Matias Arriagada-Venegas, Eva Ariño-Mateo, Vicente González-Romá
DOI: 10.1017/sjp.2026.10029

Depression as a Risk Moderator Factor for Sleep Quality in Highly Sensitive People
2026 Vol. 29
Authors: Borja Costa-López, Nicolás Ruiz-Robledillo, Oswaldo Moreno et al.
DOI: 10.1017/sjp.2026.10020

The Youth Physical Activity Promotion Model in Spain and Chile: Comparison of Psychological and Social Variables
2026 Vol. 29
Authors: Sheila Rodríguez-Múñoz, Laura O. Gallardo, Diego Estebán-Torres et al.
DOI: 10.1017/sjp.2026.10031

Basque Adaptation of the Generalized Problematic Internet Use Scale-2 (GPIUS-2)
2026 Vol. 29
Authors: Jone Aliri, Olatz Goñi-Balentziaga, Nekane Balluerka et al.
DOI: 10.1017/sjp.2026.10023

Validation of the Spanish Full and Ultra-Short Versions of the Inventory of Cyberbullying Acts at Work
2026 Vol. 29
Authors: Alfonso Cárdenas-Miyar, José M. León-Pérez, Elfi Baillien
DOI: 10.1017/sjp.2026.10027

Tell me Why: The Attributional Styles at Work Questionnaire and its Relationship with Affectivity, Personality, and Motivation
2026 Vol. 29
Authors: José Navarro, Rita Rueff-Lopes, Ruba Ezzeddine et al.
DOI: 10.1017/sjp.2026.10030

Leadership Climate Optimizes Professional Self-Efficacy to Reduce Technostrain Experience: A Multilevel Study
2026 Vol. 29
Authors: Mercedes Ventura, Marisa Salanova, Susana Llorens
DOI: 10.1017/sjp.2025.10011