Green Journals

International Approved Journals

Journal Information

Journal Title	International Journal of Stress Management
Publisher	
ISSN	1072-5245
E-ISSN	
Database	AERES
Domain	Health Sciences, Social Sciences

Classification History

Year	A+	A	B	C
2026		✓	✓	
2025		✓	✓	
2024		✓	✓	
2023		✓	✓	
2021/2022		✓	✓	
2020		✓	✓	
2019		✓	✓	
2018		✓		

Classification: The table above shows all journal classifications recorded for each classification year in the Green Journals database. A journal may have more than one classification in the same year.

Recent Articles

A multilevel approach to workplace well-being: Integrating organizational and ecological factors within the Six Steps in Quality Intervention Development (6SQuID) framework.
2026-10-1
Authors: Jillian Manner, Belinda Steffan, Ruth Jepson et al.
DOI: 10.1037/str0000411

Effects of a brief self-administered somatosensory intervention on affective regulation under occupational stress: A randomized controlled trial among nurses.
2026-10-1
Authors: Tzu-Ching Hung, Li-Ying Lin, Xiu-Yi Shen
DOI: 10.1037/str0000415

Supplemental Material for Effects of a Brief Self-Administered Somatosensory Intervention on Affective Regulation Under Occupational Stress: A Randomized Controlled Trial Among Nurses
2026-9-28
DOI: 10.1037/str0000415.supp

Symphony of influence: Dark Tetrad traits and classical music preference as predictors of stress and cognitive performance.
2026-9-10
Authors: Ceri A. Welsh, Lauren M. Ferguson, Samuel M. Cotsarelis et al.
DOI: 10.1037/str0000401

Supplemental Material for Symphony of Influence: Dark Tetrad Traits and Classical Music Preference as Predictors of Stress and Cognitive Performance
2026-9-3
DOI: 10.1037/str0000401.supp

Testing the buffering hypothesis of control from a multilevel perspective among logistic warehouse employees.
2026-8-24
Authors: Ziagul Hosseini, Piet van Gool, Pascale M. Le Blanc et al.
DOI: 10.1037/str0000414

Always online, rarely recovered: The role of techno-invasion, stress at work, psychological detachment, and job complexity in cyberloafing behavior.
2026-8-24
Authors: Hisham Ashraf Makhdomi, Anita Sarkar, M. K. Rao
DOI: 10.1037/str0000413

Employee mental health and presenteeism: A systematic review of antecedents, outcomes, and interventions.
2026-8-17
Authors: Jafar Akbari, Paula Brough, Xi Wen (Carys) Chan
DOI: 10.1037/str0000406

Self-reflection resilience-recovery activity promotion training for emergency medical service clinicians: A randomized controlled pilot trial of a novel digital intervention.
2026-8-17
Authors: Bryce Hruska, Bernard Appiah, Collins Annor et al.
DOI: 10.1037/str0000412

Supplemental Material for Self-Reflection Resilience-Recovery Activity Promotion Training for Emergency Medical Service Clinicians: A Randomized Controlled Pilot Trial of a Novel Digital Intervention
2026-8-13
DOI: 10.1037/str0000412.supp