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Journal Information

Journal Title	JOURNAL OF STRENGTH AND CONDITIONING RESEARCH
Publisher	LIPPINCOTT WILLIAMS & WILKINS
ISSN	1064-8011
E-ISSN	1533-4287
Database	Clarivate
Domain	Health Sciences, Life Sciences, Physical Sciences, Social Sciences

Classification History

Year	A+	A	B	C
2026		✓	✓	
2025		✓	✓	
2024		✓	✓	
2023		✓	✓	
2021/2022		✓	✓	
2020		✓	✓	
2019		✓	✓	
2018		✓		

Classification: The table above shows all journal classifications recorded for each classification year in the Green Journals database. A journal may have more than one classification in the same year.

Recent Articles

The Respiratory Compensation Point Predicts 19.2-km Cycling Performance in Trained Male Cyclists
2026-11-2
Authors: Yuet L. I. So, Robin Faricier, Nasimi A. Guluzade et al.
DOI: 10.1519/jsc.0000000000005717

Gotta Go Fast: Intended Concentric Effort Produces Divergent Myoelectric Spectral Profiles During Fatiguing, Load-Equated Resistance Exercise
2026-11-2
Authors: Brian Benitez, Minyoung Kwak, Pasquale J. Succi et al.
DOI: 10.1519/jsc.0000000000005722

Manuscript Clarification for: "Li H, Yang Q, Wang B. Effects of different training-intensity distribution models on maximal oxygen uptake and time-trial performance in endurance athletes: a Bayesian network meta-analysis. J Strength Cond Res 40: e755–e764, 2026."
2026-11 Vol. 40 Issue 11 Pages 1466-1467
Authors: Michael Rosenblat, Gunnar Treff, Stephen Seiler
DOI: 10.1519/jsc.0000000000005772

Effects of Different Training-Intensity Distribution Models on Maximal Oxygen Uptake and Time-Trial Performance in Endurance Athletes: A Bayesian Network Meta-Analysis
2026-11 Vol. 40 Issue 11 Pages 1312-1312
DOI: 10.1519/jsc.0000000000005765

Pacing Strategy and Workload Distribution as Determinants of Success in One-Day Monument Cycling Races
2026-11 Vol. 40 Issue 11 Pages 1311-1311
DOI: 10.1519/jsc.0000000000005750

Dimensionality Reduction of Full-Body Strength-Power Metrics to Identify Distinct Strength Domains in Elite Rugby Union Athletes
2026-10-29
Authors: Leslie. K. D. Payne, Matthew C. Varley, David L. Carey et al.
DOI: 10.1519/jsc.0000000000005712

Lower-Body Strength and Hypertrophy Adaptations in Response to Concurrent Training in Trained Young Males
2026-10-28
Authors: Miguel Gomes, Mara Costa, Pedro Pezarat-Correia et al.
DOI: 10.1519/jsc.0000000000005698

The Relationship of Countermovement Jump Performance to Operational Readiness in United States Air Force Special Operators
2026-10-27
Authors: Sam T. Tomlitz, Jay Dawes, Mark G. Abel et al.
DOI: 10.1519/jsc.0000000000005704

Maximum Deceleration Is Related to Players' Ability to Repeat High-Intensity Decelerations in a Match in Female Professional Soccer Players
2026-10-27
Authors: David Martínez-Hernández, Paul A. Jones, José M. Oliva-Lozano et al.
DOI: 10.1519/jsc.0000000000005714

Effects of In-Season Contrast Strength Training on Jump Performance and Sprint Ability in Female Field Hockey Players
2026-10-27
Authors: Ramiro Chilingirian-Padrón, Tania Álvarez-Yates, Oscar García-García
DOI: 10.1519/jsc.0000000000005718