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Journal Information

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Classification History

Year	A+	A	B	C
2026		✓	✓	
2025		✓	✓	
2024		✓	✓	
2023		✓	✓	
2021/2022		✓	✓	
2020		✓	✓	
2019		✓	✓	
2018		✓		

Classification: The table above shows all journal classifications recorded for each classification year in the Green Journals database. A journal may have more than one classification in the same year.

Recent Articles

Current intensity-dependent effects of acute and repeated transcranial direct current stimulation on knee muscular endurance
2026-10-23
Authors: Xingyue Zhang, Jin Zhang, Michael A. Nitsche et al.
DOI: 10.1177/09593020261495263

Effects of exercise order during complex contrast training on the physical performance of recreationally active female athletes: A randomized parallel group trial
2026-10-1
Authors: Avinash Kharel, Utsav Chaware, Madin Hina et al.
DOI: 10.1177/09593020261490731

Acute effects of maximal-effort isometric push-ups on upper-body ballistic performance in trained male athletes: A randomized crossover trial
2026-9-24
Authors: Premraj Saini, Tim S Babu, Amritashish Bagchi et al.
DOI: 10.1177/09593020261488642

Sling-based strength training improves functional recovery in older patients after total hip arthroplasty
2026-9-12 Vol. 34 Issue 4 Pages 354-363
Authors: Hyun-Ki Jeon, Tae-Woo Kim, Sang-Young Park et al.
DOI: 10.1177/09593020261486970

Comparison of pectoralis major and serratus anterior activity during scapular protraction with and without reciprocal inhibition in healthy individuals
2026-9-12 Vol. 34 Issue 4 Pages 346-353
Authors: Yu-Min Sang, In-Cheol Jeon
DOI: 10.1177/09593020261486221

Redundancy and predictive value of isokinetic knee fatigability parameters in healthy males: A cross-sectional study from sedentary to elite athletes
2026-9-8 Vol. 34 Issue 4 Pages 308-318
Authors: Julien Paulus, Cédric Schwartz, Jean-Louis Croisier
DOI: 10.1177/09593020261469172

Evaluating the task-specific nature of inter-limb asymmetry across change-of-direction and curve sprint tests in youth soccer players
2026-8-28 Vol. 34 Issue 4 Pages 331-336
Authors: Anılcan Adak, Utku Alemdaroğlu, Bürhan Soyugür et al.
DOI: 10.1177/09593020261479166

Investigation of muscle oxygen saturation response according to quadriceps muscle strength levels
2026-8-28 Vol. 34 Issue 4 Pages 337-346
Authors: Zekine Pündük, Sedef Nizam, Serdar Demirci et al.
DOI: 10.1177/09593020261480974

Effects of combining blood flow restriction with whole-body vibration training on muscle strength and hypertrophy: A systematic review and meta-analysis
2026-8-12 Vol. 34 Issue 4 Pages 289-298
Authors: Longguo Zhang, Shijie Fan, Yuvathi Arunkumar et al.
DOI: 10.1177/09593020261475759

The effects of intermittent vs. continuous blood-flow restriction methods combined with acute countermovement jump exercise on post-activation potentiation
2026-8-3 Vol. 34 Issue 4 Pages 319-330
Authors: Junwei Yao, Qiaoli Wei, Yongsheng Dai et al.
DOI: 10.1177/09593020261474386