Green Journals

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Journal Information

Journal Title	JOURNAL OF COGNITIVE PSYCHOTHERAPY
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Classification History

Year	A+	A	B	C
2026		✓	✓	
2025		✓	✓	
2024		✓	✓	
2023		✓	✓	
2021/2022		✓	✓	
2020		✓	✓	
2019		✓	✓	
2018		✓		

Classification: The table above shows all journal classifications recorded for each classification year in the Green Journals database. A journal may have more than one classification in the same year.

Recent Articles

Effects of a Values-Oriented Versus Standard CBT Rationale on Treatment Perceptions and Anticipated Engagement With Exposure Therapy
2026-10-15 Pages JCP-2026-0006.R1
Authors: Jillian Pestana, Carolyn Davies
DOI: 10.1891/jcp-2026-0006

Low-Intensity Cognitive Behavioral Therapy for Children and Young People Delivered by Mental Health Support Teams
2026-10-15 Pages JCP-2026-0002.R1
Authors: Phoebe Allanson, Marianne Durand, Lauren Adderley et al.
DOI: 10.1891/jcp-2026-0002

Differential Contributions of Internalized Racism Facets on Psychological Distress
2026-10-3 Pages JCP-2025-0049.R1
Authors: Jaime R. G. Quiles, Norman B. Schmidt
DOI: 10.1891/jcp-2025-0049

Investigating the Role of Stress in Misophonia: Stress as a Clinical Correlate and Its Influence on Treatment Outcomes
2026-10-3 Pages JCP-2026-0015.R1
Authors: Mercedes G. Woolley, Emily M. Bowers, Julie M. Petersen et al.
DOI: 10.1891/jcp-2026-0015

Development and Pilot Testing of Internet-Delivered Cognitive Behavioral Therapy for Anxiety and Obsessive-Compulsive Disorders in Autistic Adolescents
2026-8-31 Vol. 40 Issue 3 Pages 235-256
Authors: Jessica Szu-Chi Cheng, Jolie B. Held, Callie G. Murphy et al.
DOI: 10.1891/jcp-2025-0056

An Integrated Transdiagnostic Approach for Veterans With Co-occurring Anxiety, Posttraumatic Stress Disorder, and Alcohol Use: An Open Pilot Trial and Case Studies
2026-8-31 Vol. 40 Issue 3 Pages 271-289
Authors: Anthony H. Ecker, Rachel K. Scott, Breeana White et al.
DOI: 10.1891/jcp-2025-0055

Bridging Technology and Psychotherapy: Mixed Reality Exposure and Response Prevention for Contamination-Related Obsessive–Compulsive Disorder
2026-8-11 Vol. 40 Issue 3 Pages 199-216
Authors: Swantje Borsutzky, Franziska Miegel, Lara Rolvien et al.
DOI: 10.1891/jcp-2026-0004

Secure Storage Training to Reduce Veteran Suicide: Mental Health Clinicians' Needs Assessment Results
2026-7-15 Vol. 40 Issue 3 Pages 290-300
Authors: Jennifer L. Bryan, Brandon Shanahan, Amber Kamdar et al.
DOI: 10.1891/jcp-2025-0057

Psychological Flexibility Moderated the Effect of Self-Esteem on Life Satisfaction Among Chinese College Students
2026-7-15 Vol. 40 Issue 3 Pages 257-270
Authors: Shushan Liu, Shengli Cheng
DOI: 10.1891/jcp-2025-0046

Is More Treatment Truly Better? A Meta-Analysis of the Dose–Response Effect of Individual Psychotherapy for Treatment of Generalized Anxiety Disorder in Adults
2026-7-15 Pages JCP-2025-0053.R1
Authors: D. Drew Whittington, Rebecca Billings, Louis A. Pagano et al.
DOI: 10.1891/jcp-2025-0053