Green Journals

International Approved Journals

Journal Information

Journal Title	Behaviour Change
Publisher	
ISSN	0813-4839
E-ISSN	
Database	AERES
Domain	Health Sciences, Life Sciences, Social Sciences

Classification History

Year	A+	A	B	C
2026			✓	
2025			✓	
2024		✓	✓	
2023		✓	✓	
2021/2022		✓	✓	
2020		✓	✓	
2019		✓	✓	
2018		✓		

Classification: The table above shows all journal classifications recorded for each classification year in the Green Journals database. A journal may have more than one classification in the same year.

Recent Articles

A Tribute to the Behaviour Change Journal, 1984-2023
2023-11-20 Vol. 40 Issue 4 Pages 253-253
Authors: Genevieve A. Dingle
DOI: 10.1017/bec.2023.7

Online Self-Help Acceptance and Commitment Therapy Module for College Students with Higher Gaming Disorder During COVID-19: A Pilot Study
2023-9-28 Vol. 40 Issue 4 Pages 278-296
Authors: Dongyan Ding, Mengdie Pan, Wenjuan Wang et al.
DOI: 10.1017/bec.2023.6

The Impact of Cognitive Restructuring on Post-Event Rumination and Its Situational Effect on Socially Anxious Adolescents
2023-8-22 Vol. 40 Issue 4 Pages 328-340
Authors: Meng Yu, Yawen Zhu, Dingguo Gao et al.
DOI: 10.1017/bec.2023.5

The Social Determinants of Loneliness During COVID-19: Personal, Community, and Societal Predictors and Implications for Treatment – CORRIGENDUM
2023-6-2 Vol. 40 Issue 3 Pages 251-251
Authors: Marlee Bower, Eleisha Lauria, Olivia Green et al.
DOI: 10.1017/bec.2023.4

The Social Determinants of Loneliness During COVID-19: Personal, Community, and Societal Predictors and Implications for Treatment
2023-4 Vol. 40 Issue 1 Pages 1-10
Authors: Marlee Bower, Eleisha Lauria, Olivia Green et al.
DOI: 10.1017/bec.2023.3

Does Being Kind, Warm and Accepting Towards Yourself Affect Your Well-Being? A Study of Construction Apprentices in New Zealand
2023-3-24 Vol. 40 Issue 4 Pages 357-372
Authors: Georgina Caldwell, Tatiana Tairi
DOI: 10.1017/bec.2023.2

A Feasibility Study Investigating Mechanisms of Change in Public Mental Health Dialectical Behaviour Therapy Programmes
2023-3-9 Vol. 40 Issue 4 Pages 341-356
Authors: Gemma Frost, Esben Strodl, Sarah Swannell et al.
DOI: 10.1017/bec.2023.1

Intolerance of Uncertainty and Social Anxiety: An Experimental Investigation
2023-2-20 Vol. 40 Issue 4 Pages 314-327
Authors: Pooja Saraff, Bethany Shikatani, Anna Maria Rogic et al.
DOI: 10.1017/bec.2022.25

A Preliminary Examination of Treatment Barriers, Preferences, and Histories of Women with Symptoms of Social Anxiety Disorder
2023-1-17 Vol. 40 Issue 4 Pages 267-277
Authors: Julie. A. Black, Josephine Paparo, Bethany M. Wootton
DOI: 10.1017/bec.2022.26

Writing Yourself Well: Dispositional Self-Reflection Moderates the Effect of a Smartphone App-Based Journaling Intervention on Psychological Wellbeing across Time
2022-11-29 Vol. 40 Issue 4 Pages 297-313
Authors: Angela MacIsaac, Aislin R. Mushquash, Christine Wekerle
DOI: 10.1017/bec.2022.24