Green Journals

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Journal Information

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Classification History

Year	A+	A	B	C
2026			✓	
2025			✓	
2024				
2023			✓	
2021/2022			✓	
2020			✓	
2019			✓	
2018				

Classification: The table above shows all journal classifications recorded for each classification year in the Green Journals database. A journal may have more than one classification in the same year.

Recent Articles

Healthy Ageing: Measuring and Maintaining Functional Ability
2026-10-20 Vol. 77 Issue 06-2026 Pages 187
Authors: Anne Kelso, Eling D. de Bruin
DOI: 10.5960/dzsm.2026.680

Beyond Muscle Quantity: Rethinking Sarcopenia as a Disorder of Brain-Muscle Communication?
2026-10-20 Vol. 77 Issue 06-2026 Pages 209
Authors: Frederico Gennaro, Andrea Casolo, Eling D. de Bruin
DOI: 10.5960/dzsm.2026.681

Sport and Exercise Therapy in Contemporary Health Care – which Competencies are Actually Required
2026-10-20 Vol. 77 Issue 06-2026 Pages 215
Authors: Ansgar Thiel
DOI: 10.5960/dzsm.2026.671

Development and Validation of a Telephone Coaching Program to increase Physical Activity among Community-Dwelling Older Individuals
2026-10-20 Vol. 77 Issue 06-2026 Pages 197
Authors: Lukas Streese, Leonie Reimann, Svenja Winkels et al.
DOI: 10.5960/dzsm.2026.679

A Digital Platform Concept to Make Multidomain Prevention Accessible for Older Adults
2026-10-20 Vol. 77 Issue 06-2026 Pages 202
Authors: Tim Eberle, Klara Brixius, Zijlstra Wiebren
DOI: 10.5960/dzsm.2026.677

Effectiveness of Physiotherapy Interventions on Foot Posture and Balance in Athletes: A Systematic Review
2026-10-20 Vol. 77 Issue 06-2026 Pages 219
Authors: Parab Ankita Ashok Parab Ankita A, Motimath Basavaraj, Chivate Dhaval
DOI: 10.5960/dzsm.2026.669

Insights into Physical Activity and Fitness of Older Adults in Swiss Residential Care Facilities: A Cross-Sectional Study
2026-10-20 Vol. 77 Issue 06-2026 Pages 189
Authors: Caroline Yvonne Tanner, Anita Schwarz, Heinrich Steffen et al.
DOI: 10.5960/dzsm.2026.678

Congress of Science in Sports Medicine in Tübingen 2026
2026-8-20 Pages 133
Authors: Andreas Nieß
DOI: 10.5960/dzsm.2026.672

Exercise-Induced Modulation of Heat Shock Protein 70 (HSP70) Expression in Aging Populations: A Systematic Review
2026-6-20 Vol. 77 Issue 4 Pages 107
Authors: Amirhossein Jafari Harandi
DOI: 10.5960/dzsm.2026.657

Revisiting Statin Associated Muscle Symptoms through the Lens of Sports Medicine and Muscle Biology – Can Exercise even Increase Statin Tolerance?
2026-6-20 Vol. 77 Issue 4 Pages 105
Authors: Anne Hecksteden
DOI: 10.5960/dzsm.2026.668