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Journal Information

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Classification History

Year	A+	A	B	C
2026		✓	✓	
2025		✓	✓	
2024		✓	✓	
2023		✓	✓	
2021/2022		✓	✓	
2020		✓	✓	
2019	✓	✓	✓	
2018		✓		

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Recent Articles

Assessing Comparator Interventions in Trials in People With Plantar Heel Pain: A Scoping Review of Usual Care and Guideline Concordance
2026-10-22 Pages 1-54
Authors: Audrey R.C. Elias, Josh A. Cleland, Brian J. McClenahan et al.
DOI: 10.2519/jospt.2026.14309

Biological Readiness in Midlife Rehabilitation: An Under-Recognised Clinical Consideration
2026-10-21 Pages 1-12
Authors: Shreya Anand Kane, Jeremy Lewis
DOI: 10.2519/jospt.2026.14397

Effectiveness of Neuromuscular Training and Training Load Management Interventions for Reducing Injury and Attrition in Tactical Recruits: A Systematic Review With Meta-Analysis
2026-10 Vol. 56 Issue 10 Pages 642-656
Authors: James R. Mckee, Bruna M. Tessarin, Vanessa Sutton et al.
DOI: 10.2519/jospt.2026.14272

Is Reduced Spinal Range of Motion a Prognostic Factor for Pain Intensity, Disability, and Global Recovery in People With Specific or Nonspecific Spinal Pain? A Systematic Review
2026-10 Vol. 56 Issue 10 Pages 672-688
Authors: Daniel Feller, Michela Bortoli, Adriano Rigo et al.
DOI: 10.2519/jospt.2026.13872

Rehabilitation of Athletes With Hamstring Strain Injury: SONAFE-Brazil Clinical Practice Guideline
2026-10 Vol. 56 Issue 10 Pages 627-641
Authors: Bruno Manfredini Baroni, Rodrigo Ribeiro de Oliveira, Albino Luciano Abreu Pereira et al.
DOI: 10.2519/jospt.2026.14372

Not Just Faster Horses: Telerehabilitation as a Necessary Evolution in Physical Therapy
2026-10 Vol. 56 Issue 10 Pages 624-626
Authors: Miguel Farraj, Julien Lebleu, Bruno Bonnechère et al.
DOI: 10.2519/jospt.2026.14510

Female Soccer Players at High Risk of Injury Maintained Improved Knee Abduction Load 6 Months After Neuromuscular Training Program
2026-10 Vol. 56 Issue 10 Pages 689-698
Authors: Jeffrey B. Taylor, Thomas J. Hockenjos, Anh-Dung Nguyen et al.
DOI: 10.2519/jospt.2026.14125

Portable Dynamometry Is Reliable for Measuring Knee and Ankle Strength in Daily Practice: Results From a Systematic Review With Meta-analysis and Evidence Gap Map Using the COSMIN Methodology
2026-10 Vol. 56 Issue 10 Pages 657-671
Authors: Rubén Gajardo-Burgos, Teresa Jaque de la Barra, Rodrigo Ramírez-Campillo et al.
DOI: 10.2519/jospt.2026.14091

First-Hand Experience and the Value of Telerehabilitation for Chronic Knee Pain: A Discrete Choice Experiment Nested in a Randomised Controlled Trial
2026-9-23 Pages 1-28
Authors: Maame Esi Woode, Rana S Hinman, Anthony Harris et al.
DOI: 10.2519/jospt.2026.14073

Female-Specific Clinical Risk Factors Associated With Hip Osteoarthritis: A Systematic Review
2026-9-23 Pages 1-33
Authors: Alexis A Wright, Shefali Christopher, Melissa Burgemeister et al.
DOI: 10.2519/jospt.2026.14400