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Journal Information

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Classification History

Year	A+	A	B	C
2026		✓	✓	
2025		✓	✓	
2024		✓	✓	
2023		✓	✓	
2021/2022		✓	✓	
2020		✓	✓	
2019		✓	✓	
2018		✓		

Classification: The table above shows all journal classifications recorded for each classification year in the Green Journals database. A journal may have more than one classification in the same year.

Recent Articles

Group-based schema therapy for difficult-to-treat depression: A qualitative evaluation of active ingredients
2026-11-9
Authors: Robbert S. Baxendell, Ilse E. van Zon, Jan Spijker et al.
DOI: 10.1111/bjc.70109

Psychological flexibility and anxiety—A systematic review and meta-analysis
2026-11-2
Authors: Juliana Figueiredo, Warren Dunger, Andrew Merwood
DOI: 10.1111/bjc.70108

Beliefs about emotions, distress tolerance and paranoia across the menstrual cycle in individuals with premenstrual difficulties and controls
2026-10-25
Authors: Ellen Lambert, Myra Hunter, Trudie Chalder
DOI: 10.1111/bjc.70106

Issue Information
2026-10-12 Vol. 65 Issue 4
DOI: 10.1111/bjc.70091

The effect of an integrated application-supported mindfulness-based cognitive therapy programme on depression among adolescents with non-suicidal self-injury: A randomized controlled trial
2026-10-9
Authors: Russunan Jantarapakdee, Ratchaneekorn Upasen, Penpaktr Uthis et al.
DOI: 10.1111/bjc.70101

Social media exposure and anxiety and depression in young people: A systematic review and meta-analysis of longitudinal and experimental studies
2026-10-8
Authors: William Peachey, Stefan Piantella, Sue M. Cotton et al.
DOI: 10.1111/bjc.70100

Finding salvage in standardization? Structural and longitudinal evaluation of the patient health questionnaire anxiety and depression scale in a <scp>UK</scp> representative sample
2026-10-7
Authors: Joshua James Crawford, Gary Adamson
DOI: 10.1111/bjc.70103

Mapping the network of theory of mind in paranoid schizophrenia: Preliminary investigation of the role of attachment, emotional empathy and emotion recognition
2026-10-6
Authors: Milica Mitrović, Nikola Ćirović
DOI: 10.1111/bjc.70102

Effectiveness of cognitive behavioural therapy on anxiety and depression symptoms in naturalistic settings for patients with and without personality disorders
2026-9-30
Authors: Gabriele Caselli, Silvia Grazioli, Rossana Piron et al.
DOI: 10.1111/bjc.70097

The pathway from feeling of emptiness to suicidal ideation: Examining the mediating roles of psychological pain and hopelessness in clinical and non-clinical populations
2026-9-22
Authors: Reyhaneh Sardarzehi, Banafsheh Mohajerin, Mahdiyeh Golestani Fard et al.
DOI: 10.1111/bjc.70095