

## Journal Information

|               |                                                                    |
|---------------|--------------------------------------------------------------------|
| Journal Title | Sports Medicine                                                    |
| Publisher     | Springer International Publishing AG                               |
| ISSN          | 0112-1642                                                          |
| E-ISSN        | 1179-2035                                                          |
| Database      | SCOPUS                                                             |
| Domain        | Health Sciences, Life Sciences, Physical Sciences, Social Sciences |

## Classification History

| Year      | A+ | A | B | C |
|-----------|----|---|---|---|
| 2026      |    | ✓ | ✓ |   |
| 2025      |    | ✓ | ✓ |   |
| 2024      |    | ✓ | ✓ |   |
| 2023      |    | ✓ | ✓ |   |
| 2021/2022 |    | ✓ | ✓ |   |
| 2020      |    | ✓ | ✓ |   |
| 2019      | ✓  | ✓ | ✓ |   |
| 2018      |    | ✓ |   |   |

**Classification:** The table above shows all journal classifications recorded for each classification year in the Green Journals database. A journal may have more than one classification in the same year.

## Recent Articles

|                                                                                                                                                                                                                                                                              |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Lean Body Mass Accounts for the Sex Dimorphism of the Circulatory System and Aerobic Exercise Capacity in Humans</b><br>2026-10-26<br>Authors: Xinyu Liu, Meihan Guo, David Montero<br>DOI: 10.1007/s40279-026-02552-y                                                    |
| <b>Response to Koerner and Staller (2026)</b><br>2026-10-26<br>Authors: Aaron R. Caldwell, Jennifer Murphy, Joe P. Warne<br>DOI: 10.1007/s40279-026-02550-0                                                                                                                  |
| <b>Post-Exercise Thermal Interventions and Nocturnal Sleep in Athletes: A Narrative Review of the Potential Underlying Physiological Mechanisms</b><br>2026-10-26<br>Authors: Panagiotis G. Miliotis, Shona L. Halson, Toby Mundel et al.<br>DOI: 10.1007/s40279-026-02555-9 |
| <b>Towards Reflexivity: Observing the Estimation of Replicability of Sports and Exercise Science Research</b><br>2026-10-26<br>Authors: Swen Koerner, Mario S. Staller<br>DOI: 10.1007/s40279-026-02551-z                                                                    |
| <b>Characterising the Internal and External Load During Warm-Up, Match Play and Training in Soccer Substitutes: A Systematic Scoping Review</b><br>2026-10-24<br>Authors: Christopher Curtis, Mark Russell, Samuel P. Hills et al.<br>DOI: 10.1007/s40279-026-02520-6        |

**Reconceptualising Mental Fatigue via Perceptual Control: From Concept Label to Constitutive Definition**

2026-10-18

Authors: Daniel F. Gucciardi, Hugh Riddell, Stephen J. Tidman et al.

DOI: 10.1007/s40279-026-02544-y

**Effects of Exercise Training on the Metabolic Cost of Walking in Health and Disease: A Systematic Review and Meta-analysis**

2026-10-14

Authors: Tibor Hortobágyi, Urs Granacher, Jennifer Brach et al.

DOI: 10.1007/s40279-026-02553-x

**If Not All Paths Lead to Mental Fatigue, Perhaps Mental Fatigue Is Not the Destination**

2026-10-13

Authors: Giorgio Varesco, Nicholas H. van den Berg, Antonio Martin

DOI: 10.1007/s40279-026-02548-8

**Cardiovascular Effects Associated with the Female Athlete Triad: Emerging Evidence Statement from the Female and Male Athlete Triad Coalition**

2026-10-13

Authors: Emma O'Donnell, Nancy I. Williams, Madhusmita Misra et al.

DOI: 10.1007/s40279-026-02525-1

**Can Resistance Training-Induced Skeletal Muscle Growth Improve Local Muscular Endurance?**

2026-10-13

Authors: Matthew A. Chatlaong, William B. Hammert, Kealey J. Wohlgemuth et al.

DOI: 10.1007/s40279-026-02539-9