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Journal Information

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Classification History

Year	A+	A	B	C
2026			✓	
2025			✓	
2024			✓	
2023			✓	
2021/2022			✓	
2020			✓	
2019			✓	
2018				

Classification: The table above shows all journal classifications recorded for each classification year in the Green Journals database. A journal may have more than one classification in the same year.

Recent Articles

Assessment of vitamin status of athletes in cyclic sports using sport nutrition and/or dietary supplements
2026 Vol. 95 Issue 4 Pages 110-124
Authors: N.A. Beketova, I.V. Kobelkova, O.V. Kosheleva et al.
DOI: 10.33029/0042-8833-2026-95-4-110-124

Association of UCP1 rs1800592, UCP2 rs660339, and UCP3 rs1800849 polymorphisms with body mass index and lipid metabolism parameters in the indigenous population of the North of Western Siberia
2026 Vol. 95 Issue 3 Pages 77-85
Authors: A.I. Kozlov, G.G. Vershubskaya, A.A. Vasileva
DOI: 10.33029/0042-8833-2026-95-3-77-85

Soy isoflavones and Vitex agnus-castus extract in the nutritional support of women's health during the perimenopausal period (a systematic literature review)
2026 Vol. 95 Issue 4 Pages 96-109
Authors: K.A. Sokolov, Yu.B. Moskvicheva
DOI: 10.33029/0042-8833-2026-95-4-96-109

Effect of blueberry and blackcurrant anthocyanins on metabolic disorders in rats with alimentary obesity
2026 Vol. 95 Issue 3 Pages 28-35
Authors: A.G. Krasutsky, I.V. Aksenov, A.S. Balakina et al.
DOI: 10.33029/0042-8833-2026-95-3-28-35

Formation of a diet for patients with post-malarial anemia
2026 Vol. 95 Issue 1 Pages 61-73
Authors: I.D. Shchegoleva, B. Bucumi
DOI: 10.33029/0042-8833-2026-95-1-61-73

Assessment of the frequency of a decrease in bone mineral density and its relationship with the diet of young tennis players
2026 Vol. 95 Issue 2 Pages 60-69
Authors: Yu.A. Mezentseva, Z.M. Shurova, M.Yu. Balandin et al.
DOI: 10.33029/0042-8833-2026-95-2-60-69

The effect of sibutramine on the levels of leptin, ghrelin, and cytokines (IL-1β, IL-10, and IL-17A) in rats with induced obesity
2026 Vol. 95 Issue 3 Pages 16-27
Authors: N.A. Riger, E.N. Trushina, O.K. Mustaphina et al.
DOI: 10.33029/0042-8833-2026-95-3-16-27

Assessment of nutritional status and the incidence of excess body fat mass under normal body mass index in female rhythmic gymnasts
2026 Vol. 95 Issue 2 Pages 5-15
Authors: K.V. Vybornaya, D.B. Nikityuk
DOI: 10.33029/0042-8833-2026-95-2-5-15

Does total cardiovascular risk level affect the habit of daily unprocessed red meat intake in the general population?
2026 Vol. 95 Issue 1 Pages 82-90
Authors: V.S. Kaveshnikov, I.A. Trubacheva, M.A. Kuzmichkina
DOI: 10.33029/0042-8833-2026-95-1-82-90

The relationship between eating behavior and frequency of consumption of foods with soft texture in older adults
2026 Vol. 95 Issue 4 Pages 48-56
Authors: M.F. Borisenkov, S.V. Popov, V.V. Smirnov et al.
DOI: 10.33029/0042-8833-2026-95-4-48-56