Green Journals

International Approved Journals

Journal Information

Journal Title	Journal of Contemporary Psychotherapy
Publisher	
ISSN	0022-0116
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Database	AERES
Domain	Health Sciences, Social Sciences

Classification History

Year	A+	A	B	C
2026			✓	
2025			✓	
2024			✓	
2023			✓	
2021/2022			✓	
2020			✓	
2019			✓	
2018				

Classification: The table above shows all journal classifications recorded for each classification year in the Green Journals database. A journal may have more than one classification in the same year.

Recent Articles

Capacity Cultivation as a Process of Change in Psychotherapy: An Integrative Review of Mindfulness, Exposure, and Transdiagnostic Mechanisms
2026-11-7
Authors: Mohammad Asif Sheikh
DOI: 10.1007/s10879-026-09764-3

Why Reflective Practice is Central to Psychotherapists' Personal and Professional Development
2026-10-30
Authors: Hubert de Condé, Helene Amundsen Nissen-Lie, Erkki Heinonen et al.
DOI: 10.1007/s10879-026-09763-4

Etiologically Speculative Versus Etiologically Neutral Psychoanalysis
2026-10-20
Authors: Mark L. Ruffalo
DOI: 10.1007/s10879-026-09761-6

Shifting from Habituation to Intention: A Case Series of the Bergen 4-Day Treatment for Panic Disorder
2026-10-20
Authors: Kim Juckoff, Amir H. Yassari, Jakob Scheunemann et al.
DOI: 10.1007/s10879-026-09757-2

Metacognitive Therapy for Comorbid Anxiety and Depression in Adults with Autism: A Replicated A–B Design
2026-10-5
Authors: Jesper Bork Nielsen, Julie Caroline Schou, Pia Callesen
DOI: 10.1007/s10879-026-09762-5

Relational Common Factors in Structured Training for Psychotherapy: A Scoping Review
2026-9-30
Authors: Biran Armağan Aydoğan, Titta Sofia Aydoğan, Aarno Laitila et al.
DOI: 10.1007/s10879-026-09760-7

“Life’s Not Worth Living”: A Phased CBT and Positive Psychotherapy Intervention for Adolescent Double Depression
2026-9-23
Authors: Rajdeep Dutta
DOI: 10.1007/s10879-026-09754-5

Adaptive Personalization in Depression Psychotherapy: A Measurement-Informed Framework for Treatment Selection and Recalibration
2026-9-15
Authors: Wonjin Seo
DOI: 10.1007/s10879-026-09759-0

Collaborative Polyphonic Writing as Therapeutic Practice: A Longitudinal Case Study
2026-9-15
Authors: Giacomo Chiara, Hubert Hermans, Diego Romaioli et al.
DOI: 10.1007/s10879-026-09751-8

A Blended Learning Approach to Online DBT Skills Training: Preliminary Clinical Outcomes
2026-9-12
Authors: Hannah E. Frank, Jesse Finkelstein, Alicia Smart et al.
DOI: 10.1007/s10879-026-09758-1